



2018

Eye Health Program- Rapti & Bahadurgunj

(Rapti Eye Hospital, CKNEH-Bahadurgunj, Lamahi Eye Hospital)

ANNUAL REPORT- 2018



NNIS/NABP
RAPTI EYE HOSPITAL-TULSIPUR DANG
(EST-1985 BS 2043)



CHHANDA(KALEBABU)-NARAYANI EYE HOSPITAL
BAHADURGUNJ-KAPILBASTU
EST(2005 BS 2062)



The Norwegian Association of the
Blind and Partially Sighted



LAMAHIEYE HOSPITAL
(EST- 2014 BS 2071)

PREFACE

It is our pleasure to present Annual Report- 2018. We have provided OPD service to 237,125 (M43%/F57%) people through Base Hospitals and PECC, and to 45,414 (M44%/F56%) people through outreach activities. In total, **282,539** (M43%/F57%) people were provided eye care service in 2018. Similarly, we have operated 12,496 cataracts (M 51%/F59%) in Base Hospital and 1,165 cataracts (52%/48%) in free surgical eye camps. In total, 13,661 (M46%/F54%) cataracts were operated. Out of 13,661 cataract surgeries, i-care has supported for 2110 (15%), Central NNJS has supported for 787 (6%), others 164 (1%) and self paid 10,600 (78%). Other minor surgeries were performed in 2568 patients (M38/F62%). Refractive error is a major cause of visual impairment. This year, we have corrected vision of 15,326 (M41%/F59%) patients by refraction.

Basic eye health training is a powerful tool for increasing referral system, increasing awareness and advocacy of eye health service. This year, eye health training was provided to health cadre, volunteers, traditional healers, media personals and elected members at local level. The total 228 (Female 45 %/ Male 55%) personal were provided basic eye health training.

Midterm and final project evaluation has been carried out in 2018. During the project period of 2014 to 2018, 1,172,981 (43% M and 57%F) OPD service, 65,043 (46% M and 54% F) cataract surgeries, 8,745 (38%M and 62%F) other surgeries and 63,150 (41%M and 59%F) refraction service were provided. Basic eye health training provided to 1,669 (33%M and 67% F) personal during this period.

The construction work of ward building (ground and first floor) at Bahadurgunj has been completed and regular service has been started from new building. Similarly, the construction work of OPD building at Rapti Eye Hospital is on progress. After the phacoemulsification training, all three eye hospitals are doing phaco surgery. Out of 13661 cataract surgeries, 1623 (12%) are phaco surgeries.

Advocacy work is sustainable approach for the program. Several meetings, discussions and approaches were done at local, provincial and central level. This year, we have received support for cataract surgery from Municipality and Rural Municipality. Similarly, Honorable Members of Province number 5 has allocated 5 million for the construction of staff quarter at Lamahi Eye Hospital. We have provided eye care service to the people of very remote place of Jumla District. 73 cataract surgeries were performed in the camp. It was supported by NABP-ICare. The General Assembly of Nepal Netra Jyoti Sangh, Dang Branch has recently elected and formed new executive members.

Annual General Assembly of NNJS-Dang has elected 13 new executive members.

We would like to extend our sincere thanks to Mr, Terje B Iversen, Director International Development Cooperation, NABP, Ms. Eli Bjørnebråten and Ms Kristin.Kjaeret, Programme director of NABP, and Ms Sissel Halden for their warm support. We are very grateful to NORAD/NABP-Norway for their continuous financial support.

We extend our thanks to Central NNJS, NNJS-Dang Branch, Nepal Government, Provincial Government, Local Government and concerned authorities, Indian Embassy, Local Donor, Social Workers, and Volunteers for their support.

Thanks to our entire team (Ophthalmologists and staffs) for their hard work and dedication to achieve the Goal and Objective of organization.

Last but not least, we want to thank Mr, Hari Saran Bista-Project Manager, Mr, Prakash Bdr Ghimire, Finance controller and Miss Surekha Gurung, Administrative Officer- NABP, Kathmandu who made the required assistance and proper guidelines for making the eye health program-Rapti & Bahadurgunj success and sustain.

Thank You

Mr, Krishna Kumar Giri
Chairman,
Hospital Management Committee

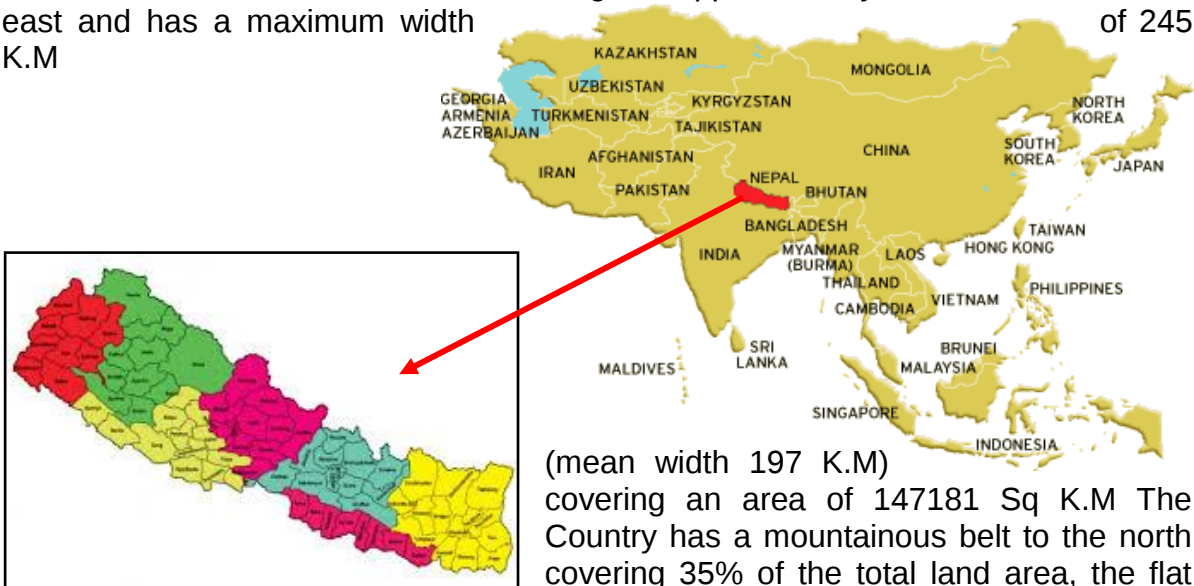
Dr, Sulaxmi Katuwal
Chief Medical Director

Mr, Samsher Thapa
Senior Administrative Officer

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INTRODUCTION

Federal Democratic Republic of Nepal is a land locked country in the Himalayan Region with the Tibetan Region of the People's Republic of China to the North and India to the South, West and East. Its length is approximately 885 K.M from west to east and has a maximum width of 245 K.M



(mean width 197 K.M)

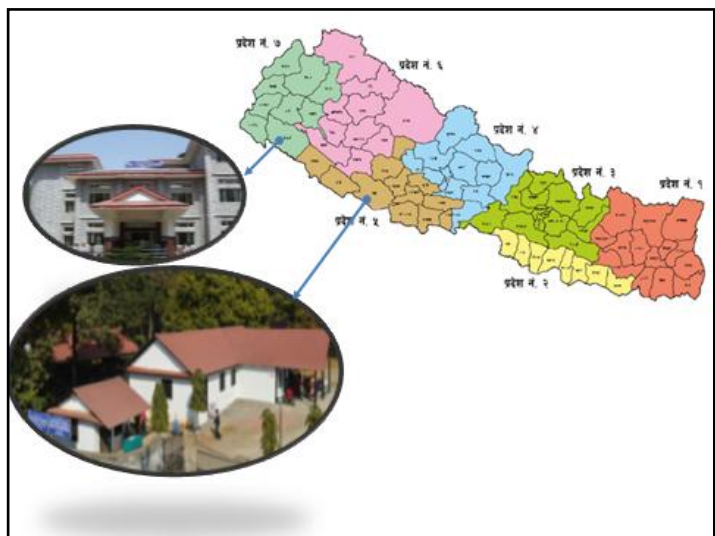
covering an area of 147181 Sq K.M The Country has a mountainous belt to the north covering 35% of the total land area, the flat

and highly cultivated Tarai in the South which amounts to 23% of land area and the Central hills in the middle which is 42% of the land area. Administratively the country is divided into 7 Provinces, 77 Districts, 6 metro cities, 11 sub-metro cities, 276 Municipalities, 460 rural Municipalities. Provinces are the first subdivision of country. Each provinces is further subdivided into districts, and each districts into municipalities and rural municipalities.

BACKGROUND

World Health Organization in cooperation with Nepal Government (NG) in 1980/81 carried out the most comprehensive blindness survey undertaken in any country until now. In 116 villages and wards all over Nepal nearly 40000 persons were given an eye examination and a number of ancillary studies were performed.

The survey showed that in a population of 14 million 0.84% were blind in both eyes. Some of the causes were considered outside the reach of medical prevention or treatment but fortunately most of the blindness was avoidable. Cataract was the dominant cause with 84%. Next was trachoma with 3% It was therefore decided by WHO to start a blindness prevention project in Seti and Mahakali Zones, (Province no 7 and 5) and



with support from NORAD a 100 bed low cost eye hospital was established in Geta, near to Dhangadhi (for Seti and Mahakali Zones) for various reasons NORAD chose to have Norwegian Church Aid (NCA) take over the project from WHO. This was effected from November 1st 1985, based on agreement with Social Welfare Council and Nepal Netra Jyoti Sangh.

The project was extended to Rapti Zone in 1986, where a new hospital was inaugurated early 1986. Similar projects later started in most of the Zones of Nepal, funded by foreign NGOs under the umbrella of Nepal Netra Jyoti Sangh.

Norwegian Church Aid (NCA) had started to support Eye Health Program establishing the **Eye Hospitals at Geta, Dhangadhi -Kailali in 1985** and later in **Tulshipur-Dang in 1986**.

In 1996 a dialogue was held between NCA & NABP (Norwegian Association of the Blind and Partially Sighted) investigating the possibilities of NABP taking over the NCA's role as funding partner to the Rapti Eye Hospital, Dang to deliver eye health service in Rapti Zone covering five districts (Dang, Rukum, Rolpa, Salyan and Rukum) **NABP** showed interest not only in maintaining the previous eye care activities at the Hospital, but also in expanding activities in the field of Training/Rehabilitation of blind and partially sighted . **NABP** took over the role of the NCA as a founding partner to Rapti Eye Hospital, Dang on 1st January 1998 to 2011 and extended its support to Eye Health Program II, Lamahi from 2012.

THE DONOR AGENCY



The Norwegian Association of the
Blind and Partially Sighted

Norwegian Association of the Blind and Partially Sighted (NABP), a Norwegian International Non-Governmental Organization (INGO), established in

September 1900 as a non-profit-making, secular, non-political self-help organization. This organization works towards full participation and equal rights for blinds and Partially Sighted People. Its primary objectives are to support the strengthening of organizations of the Blind at the national level through making them self-reliant, strong and sustainable, to combat blindness through eye health programs and to promote and support the rehabilitation of blind and partially sighted people. It has been supporting Blind and Partially Sighted people of Nepal in partnership with Nepal Netra Jyoti Sangh (NNJS) and Nepal Association of the Blind (NAB). It has also programmed in other developing countries.

NEPAL NETRA JYOTI SANGH



Nepal Netra Jyoti Sangh (NNJS) is a leading national eye care providing agency for comprehensive eye care service in the country. It was established in 1978 as a National Society for the prevention and control of blindness. Under NNJS 18 Eye Hospitals and more than 80 primary Eye Care Centers are running. The main role of NNJS is to make a national strategy, supervise, monitor and ensure quality of services in eye hospitals and centers. It is responsible for overall guidance and leadership for smooth and efficient running of programs,

expansion of program nationwide, coordination with government and local authorities, instructing the hospital to conduct more activities to reach to unreached eye patients, evaluate the target and achievement, train more and more human resource, aware the civil society about preventive and curative remedies of eye care.

WORLD BLINDNESS SITUATION

According to estimate from the World Health Organization (WHO) , about 217 million people are MSVI, 36 million people are blind. In total **253** million people are visually impaired. 124 million people have uncorrected refractive errors and 65 million have cataract. More than 75% of all blind and MSVI (Moderate and severe vision impairment) is avoidable. There is estimated of 1.1 billion people with near vision impairment. 89% of vision impaired people live in low and middle income countries and 55% of moderate or severely vision impaired people are women. Top leading cause of visual impairment is refractive errors, cataract and age related macular degeneration (AMD). And major cause of blindness is cataract , uncorrected refractive error, glaucoma, diabetic retinopathy, corneal opacity and trachoma.¹

VISION 2020- RIGHT TO SIGHT

In order to reduce global burden of blindness, WHO and broad coalition of international organizations and private organizations launched a global initiative vision 2020 “Right to Sight” in Geneva 18th February 1999. Similarly the South Asia Region (SEARO) declared on 30 September for member countries to come forward for the strategies and guidelines for the elimination of Blindness from the Region 2020. Perceiving the urgent need to eliminate the blindness Government of Nepal formulated “Apex Body for Eye Health” on 6th October 1999 under the Ministry of Nepal and vision 2020 “Right to Sight” program declared at the VI Ophthalmology Congress of SAARC countries held in November 1999 at Kathmandu, The objectives are to: eliminate avoidable blindness by developing an integrated approach to disease control, human resource development, as well as infrastructure and technology developmental various levels of the health care system. Nepal is aiming by the end of the 2020 all the districts of Nepal there will be basic eye care facilities and cataract surgical rate (CSR) will be at least 6000.²

BLINDNESS SITUATION OF NEPAL

After the first blindness survey of 1980-81,(prevalence of blindness 0.84%) the second population based surveys on blindness and visual impairment was conducted in 2006-2010. (prevalence of blindness 0.35%) In this survey, the rapid assessment of avoidable blindness (RAAB) methodology was applied. This surveys were conducted in all 14 Zones of Nepal. In total, 39,908 people aged 50 years and older were examined. The eye care infrasture during the period of 1981 was very minimal in Nepal, only one eye hospital and 4 eye departments in general hospital. During this period upto 2010, there were 20 eye hospitals, 19 eye departments , 63

¹ <http://www.who.int/news-room/fact-sheets/detail/blindness-and-visual-impairment>

² Nepal Netra Jyoti Sangh, Strategic plan for the eye care service in Nepal, 2013-2020, p(26)

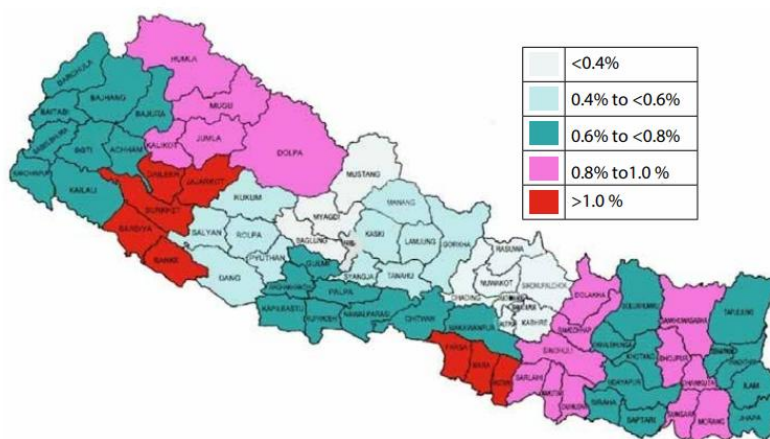
primary eye care centres and the number of ophthalmologist increased from 7 to 147. The number of cataract operation increased from 1,000 in 1981 to more than 200,000 in 2010. Compared with the National Blindness Survey the prevalence of blindness has reduced from 0.84% in 1981 to 0.35% in 2011. The impact of the expansion of eye care service between 1981 and 2011 is best impact in the reduction of the prevalence of blindness and visual impairment. In actual numbers the achievements are far less outspoken because the number of people aged 50 plus more than double between 1981 and 2011 and the life expectancy at birth increased from 48 to 66 year.³ (life expectancy has increase to 71years in 2018)

RAAB survey of 2006-2010 has revealed that the cataract was the main causes of blindness (65%), from earlier 72% in 1981. This is followed by retinal diseases 9%, corneal diseases 6%, glaucoma 5%, ARMD 4%, refractive error 4%.⁴

BLINDNESS SITUATION IN PROJECT AREAS

Rapti Eye Hospital has performed various activities and different initiatives were taken to reduce blindness in Rapti Zone. The initiative stresses the importance of universal eye health coverage – specifically that the poor have access to affordable (mainly free) eye health services. Currently the Rapti zone is one of the three best performing zones

Figure 5: Distribution of Blindness PVA <6/60



regarding prevalence of blindness and has already reached NNJS's objectives of <0.2% with VA <3/60 (meaning those who are blind). The impact of the program can be seen as the people who were visually impaired experience improved health, living conditions and quality of life. NNJS has as its general objectives "to reduce the present prevalence of blindness (VA <3/60) from 0.35% to <0.2% and economic blindness (VA <6/60) 0.8% to 0.4% by 2020. In the Rapti zone, these goals were almost reached already in 2010. That year 0.13% had vision of VA <3/60 and 0.52% VA < 6/60. (RAAB Survey Report 2012)

Eye Health Program-Rapti & Bahadurgunj has already reached this goal. In Rapti Zone the back log has been reduced from 0.87% in 1981 to 0.13% in 2012 (The RAAB survey 2012). Eye health service has had a big impact in Rapti Zone and has achieved one of the best results so far in Nepal.

³ The Epidemiology of Blindness in Nepal:2012, Nepal Netra Jyoti Sangh, Kathmandu

⁴ Sapkota YD, Upadhyay Madan, (2011) Burden of Blindness and Eye Disease in Nepal, Mid Term Review of Vision 2020: The Right to sight, Nepal, Appex Body for Eye Health (p20)

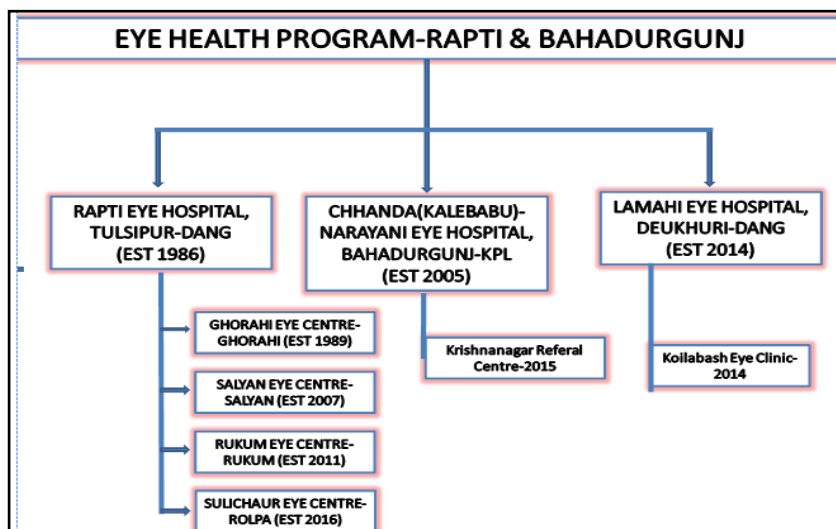
After vision restoration, people have become active; life expectancy has increased (48 in 1981 to 71 in 2017) , returned back to their regular work which contributed significantly for uplifting their economic condition and living standard. They have started managing their daily life and taking responsibilities of their family. (GDP per capita in Nepal has increased by US \$ 267.10 to 728.40 period between 1960-2017) (Source: <https://tradingeconomics.com/nepal/gdp-growth-annual>)

Table 3: Prevalence of Blindness Compared to 1981 (%)

Zone	<3/60, 1981	<3/60, 2010 (extrapolated)	<6/60, 2010 (extrapolated)
Mechi	0.64	0.35	0.79
Koshi	0.99	0.35	0.84
Sagarmatha	0.98	0.23	0.6
Janakapur	0.73	0.38	0.52
Bagmati	0.62	0.10	0.52
Narayani	0.99	0.81	2.8
Gandaki	0.46	0.25	0.42
Dhaulagiri	0.53	0.20	0.5
Lumbini	0.75	0.38	0.53
Rapti	0.87	0.13	0.52
Bheri	1.26	0.45	1.12
Karnali	1.63	0.12	0.83
Seti	1.24	0.41	0.76
Mahakali	1.24	0.41	0.76
All	0.84	0.35	0.82

EYE HEALTH PROGRAM- RAPTI AND BAHADURGUNJ

There are three eye hospitals (Rapti Eye Hospital, Chhanda(kalebabu)-Narayani Eye Hospital and Lamahi Eye Hospital) four primary eye care centres (Ghorahi Eye Centre, Salyan Eye Centre, Rukum Eye Centre, and Sulichaur Eye Centre, Rolpa) one referral clinic (Krishnanagar referral centre) and one weekly clinic (Koilabash weekly clinic) under Eye Health Program-Rapti & Bahadurgunj. Nepal Netra Jyoti Sangh has recognized Eye Health Program-Rapti & Bahadurgunj as the group of governing body. It is a support program to continue the efficient running of 50 Bedded Rapti Eye Hospital, Tulsipur, 100 Bedded Chhanda(Kalebabu)-Naryani Eye Hospital, Bahadurgunj, 50 Bedded Lamahi Eye Hospital, Lamahi and its settalite eye centres.



VISION

Reduce prevalence of blindness and visual impairment among individual, community, thereby improving the quality of life of visually impaired people by providing best and quality eye care service and leading program to an Academic Institution.

GOAL

Sustainable development of Eye Health Program- Rapti & Bahadurgunj by the year 2020.

OBJECTIVE

To sensitize general people and make them aware about eye health.

To support National health policy of Nepal under the guidelines of Nepal Netra Jyoti Sangh.

To strengthen REH, CKNEH, LEH as best eye care institution of province number 5, Nepal and leading them as Tertiary Eye Hospital and a Teaching Institution.

To equip hospitals with modern technology and gradual development of infrastructure as per master plan.

To enhance capacity of employees by providing them appropriate training.

Achieve the Goal of Vision 2020- "Right to Sight"

MAJOR ACTIVITIES

- Provide Curative, Pro-motive, Preventive and Rehabilitative service.
- Conduct outreach activities , eye health education and eye health campaign to generate awareness and to make referral system strong.
- Eliminate the main cause of avoidable blindness.
- Continuous education and training opportunities for employees to enhance them for quality service.
- Rehabilitation service through CBR wing at base hospital.
- Continues development of infrastructure as per master plan.
- Advocacy for sustainable development of eye health program in Rapti and Kapilbastu at Local and Central level.
- Equipped hospital with modern equipments and technology.

SERVICE AREAS

Eye Health Program- Rapti & Bahadurgunj has been providing eye health service in 4 districts of Province number 5 (Dang, Rolpa, Pyuthan and Kapilbastu) and 2 districts of Karnali Province (Western Rukum and Salyan). There are 1.47 million Populations in Dang, Rolpa, Pyuthan, Salyan and Eastern, Western Rukum districts and .57 million populations are in Kapilbastu District.



POPULATION COVERED RAPTI ZONE

Zone/Districts	Population 2001			Population 2011		
	Total	Male	Female	Total	Male	Female
Rapti						
Pyuthan	212,484	98,390	114,094	235,165	103,459	131,706
Rolpa	210,004	101,592	108,412	227,075	104,654	122,421
Rukum	188,438	95,432	93,006	210,878	101,090	109,788
Salyan	213,500	106,834	106,666	243,575	116,615	126,960
Dang	462,380	228,958	233,422	557,852	264,110	293,742
Total	1,286,806	631,206	655,600	1,474,545	689,928	784,617

KAPILBASTU DISTRICT

Zone/Districts	Population 2001			Population 2011		
	Total	Male	Female	Total	Male	Female
Kapilvastu	481,976	247,875	234,101	570,612	284,813	285,799

HOSPITALS/PECC UNDER EYE HEALTH PROGRAM

1. RAPTI EYE HOSPITAL

Rapti eye hospital is located at Raksyachaur-4, Tulsipur, Dang, Rapti zone which is in the province number 5 & 6 of Nepal and has a population of 1.4 million. It has 4 Bigha (2.70 hectare) land which is registered in the name of Nepal Netra Jyoti Sangh.

According to the Nepal Blindness Survey of 1981 the prevalence of blindness in Rapti was 0.87% which was



reduced to 0.13% in second survey of 2010 (RAAB Survey). Rapti Eye Hospital is 50 bedded eye hospital which was established in 1986 with the support of Norwegian Church Aid (NCA), Norway. Later in 1996 a dialogue was held between NCA & NABP (Norwegian Association of the Blind and Partially Sighted) investigating the possibilities of NABP taking over the NCA's role as founding partner to the Rapti Eye Hospital, Dang. **NABP** showed interest not only in maintaining the previous eye care activities at the Hospital, but also in expanding activities in the field of Training/Rehabilitation of blind and partially sighted. **NABP** took over the role of NCA as funding partner to Rapti Eye Hospital, Dang on 1st January 1998 to 2011 and extended its support to Eye Health Program II, Lamahi from 2012. There are four Primary Eye Care Centres (GEC, SEC, REC, SEC-Rolpa) running under Rapti Eye Hospital. This hospital provides comprehensive eye care service i.e. curative, preventive, pro-motive and rehabilitative service.

2. LAMAHI EYE HOSPITAL

Lamahi Eye Hospital was started in 2002 in Deukhuri, Dang as a weekly satellite clinic of Rapti Eye Hospital. Later on 9th September 2009, it was upgraded to Primary Eye Care Centre with an objective to upgrade it as a full fledged eye hospital. This objective was soon fulfilled with the financial support of NABP and needful land (2.88 acre) support at free of cost by Town Development Committee, Lamahi. The foundation stone laying ceremony was held in 23rd Nov 2010. The

construction work was completed in 2012 and eye service was started from own building from 2013. Later, the building was inaugurated in 2014 as a full fledged eye hospital. It has big catchment area; aiming to provide eye health service to the people of Rolpa, Pyuthan, Arghakhachi districts and part of Banke district. The Lamahi Eye Hospital is centrally located between Chhanda(Kalebahu)-Narayani Eye Hospital, Bahadurgunj and Rapti Eye Hospital, Tulsipur. Weekly clinic at Koilabash (near to Indian border) is managed by Lamahi.



3. CHHANDA(KALEBABU)-NARAYANI EYE HOSPITAL

NNJS-Rapti Eye Hospital and NAB-Rehabilitation program were jointly working for the curable and incurable blind in Rapti since 1998 with the support of NABP-Norway. After phase out from Rapti, NAB-Rehabilitation program was started in Bahadurgunj of Kapilbastu District in 2004. The eye care and rehabilitation service for curable and incurable blind was good experience for NNJS and NAB. Hence, NNJS-Rapti Eye



Master Plan of CKNEH-

Hospital had decided to start a referral eye centre jointly with NAB-Rehabilitation Program in Bahadurgunj Kapilbastu in 1st December 2004. The main objective of

the centre was to provide eye service for the curable blind. NAB-Rehabilitation program had conducted door to door survey and found near about thirteen thousand curable blind in Kapilbastu. The result of survey work and finding of curable patients in Kapilbastu encouraged to NNJS-Rapti Eye Hospital to upgrade it into a surgical centre. Previously it was started in a rented house in Krishnanagar and later shifted to a rented building and land in Bahadurgunj as a Surgical Eye Care Centre. Gradually, the number of Nepali patients as well as Indian patients started to increase in the centre. The service provided by this centre and satisfaction of patients has supported to convince Ms Narayani Shah, owner of land and building to donate land to upgrade this centre as a full fledged hospital. She donated 1.41 acre land to centre on 5th September 2012. This centre has been recognized as Chhanda (Kalebabu)-Narayani Eye Hospital, Bahadurgunj from central NNJS and honored to Ms Narayani Sha. The foundation stone laying ceremony of ward building was held on 15th July 2014. It has one referral centre in Krishnanagar.

4. GHORAH EYE CENTRE

It was established in 1989. It is situated inside the premises of Sub-Regional Hospital of Nepal Government at Ghorahi, Dang. Mr. Ganesh Sharma, a local donor had constructed the building. He was blind by birth and donated this building for eye care service. In average 60-70 patients are getting eye care service daily.



This centre is centrally located between Rapti Eye Hospital and Lamahi Eye Hospital. Patients are referred for cataract surgery to base hospital. Nepal Government is providing partial financial support to this centre.

5. SALYAN EYE CENTRE

This center was established in 1st January, 2007 at Khalanga of Salyan District with the administrative support of Nepal Red Cross Society of Salyan by providing free room for eye care service. But due to less access of patients in Kahalanga, the management team of Hospital and Nepal Red Cross team of Salyan jointly agreed to shift the centre in Shreenagar of Salyan from



June 2012. In average 15-20 patients are getting eye care service. The patients are referred to Rapti for surgery and other major treatment. There is coordination committee team for the overall development of centre. Nepal Government is providing partial financial support to this centre. The centre is running in rented building of Krishi Samagri Sansthan-A government building. The local donor have donated free land at the same place (shreenagar) and the team are actively participating to get the fund from Government at local level for the construction of building.

6. RUKUM EYE CENTRE

This center was established at Musikot, Rukum in 2011. The population of Rukum District is more than .2 million and has benefited by this centre. At present this is running at a rented house of Nepal Red Cross Society, Rukum. Nepal Government is providing partial financial support to this center. Nepal Netra Jyoti Sangh, Rukum Branch was established in 2016 which is managing the centre. The local donor have donated land to this centre and the team members are trying



to get fund support for the construction of building.

7. SULICHAUR EYE CENTRE, ROLPA

This center was established at Sulichaur, Rolpa on 16th February 2016. It was inaugurated by than honorable home minister Mr, Krishna Bahadur Mahara. This centre is referral centre of Rapti. At present this is running in a rented house.



8. KRISHNANAGAR REFERRAL CLINIC

Krishnanagar Referral Clinic was started in 2014 in order to make easy excess to patients and also to make referral system strong for the CKNEH-Bahdurgunj.



9. KOILABASH WEEKLY CLINIC

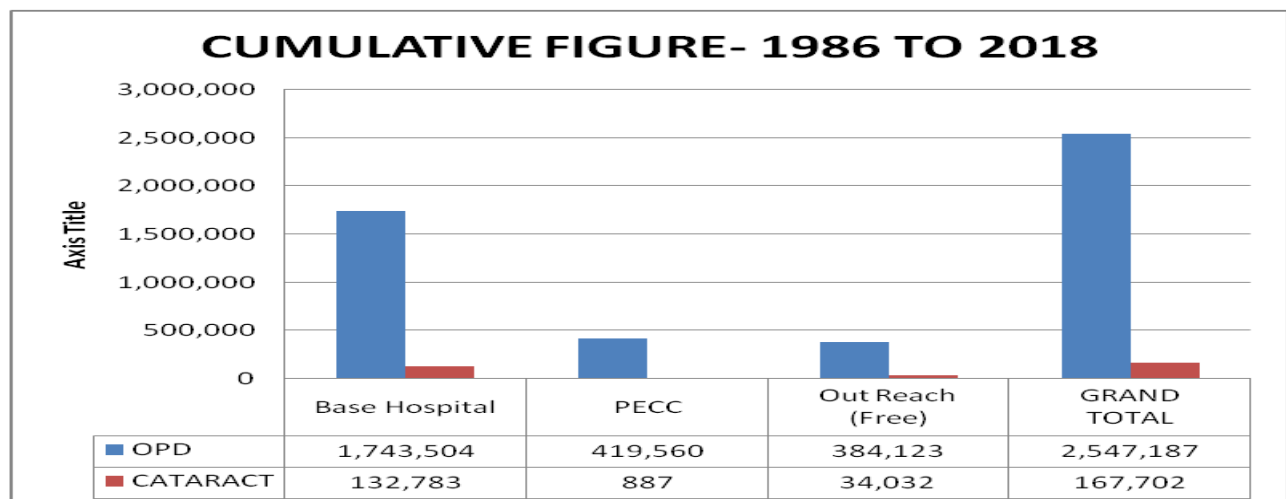
Koilabash weekly clinic was started from 2013 in order to make referral system strong for Lamahi Eye Hospital. This centre is situated near to Indian Boarder (34 KM away from Lamahi Eye Hospital).

CUMMULATIVE FIGURE (ACHIEVEMENT FROM 1986 TO 2018)

CUMMULATIVE DATA – 1986 TO 2018	OPD
RAPTI EYE HOSPITAL (1986 TO 2018) :	822,635
LAMAHI EYE HOSPITAL (2001 TO 2018)	219,968
CHHANDA(KALEBABU)-NARAYANI EYE HSP(2005 TO 2018):	700,901
GHORAH I EYE CARE CENTRE (1989 TO 2018):	344,289
SALYAN EYE CARE CENTRE (2007 TO 2018):	31,679
RUKUM EYE CARE CENTRE (2011-2018)	25,673
SULICHAUR EYE CARE CENTRE, ROLPA (2018)	3,980
Krishnanagar Eye Clinic (2015-2018)	12,190
Koilabash Weekly clinic (2013-2018)	1,749
FREE SURGICAL CAMP / DST CAMP (1996 TO 2018):	283,456
FREE SCHOOL SCREENING PROGRAM (2008 TO 2018)	97,667
RAAB Survey 2010	3,000
TOTAL OPD SERVICE	2,547,187
CUMMULATIVE DATA – 1986 TO 2018	CATARACT
RAPTI EYE HOSPITAL (1986 TO 2018) :	27,276
LAMAHI EYE HOSPITAL (2013-2018) :	6,333
CKNEH BAHADURGUNJ (2005 TO 2018) :	99,174
GHORAH I EYE CARE CENTRE (2008-2018) :	887
FREE SURGICAL CAMP/DST (1996 TO 2018) :	34,032
TOTAL CATARACT SURGERY	167,702

From 1986 to 2018 (32 years), 2.54 million people (25 lakh 47 thousand 187) have got eye care service (OPD service) by Eye Health Program-Rapti & Bahadurgunj. Out of these numbers, 381,123 (three lakh eighty one thousand one hundred twenty three) have got free eye care service (OPD service)

During this 32 years period, 167,702 (1 lakh 67 thousand 702) cataract surgeries are performed. Out of these numbers, 34,032 surgeries were performed in free surgical eye camp.

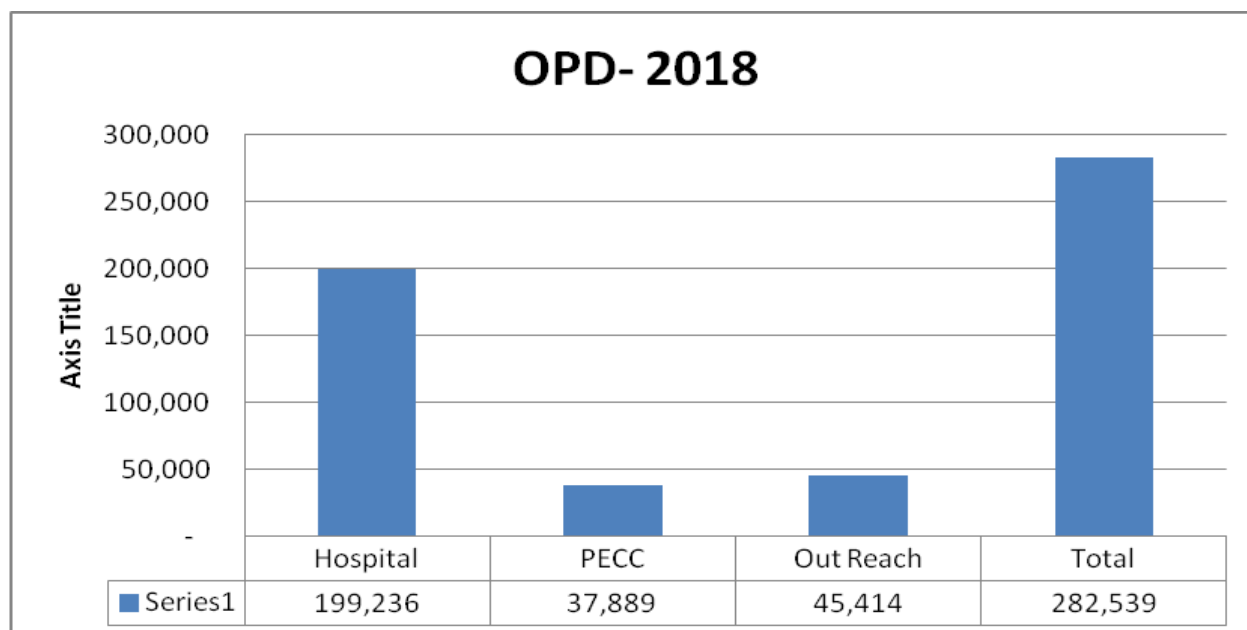


ACHIEVEMENT - 2018

OPD-2018

All three eye hospitals and eye centres under Eye Health Programme- Rapti and Bahadurgunj provided OPD service to 282,539 (Male 43% / Female 57%) patients period during Jan-Dec 2018. The number of OPD patients has increased both in Base Hospitals, Eye Care Centre and Free surgical eye camp due to quality service, affordable fee as well as strong referral system.

OPD Service-Eye	Male	Female	Total
Rapti Eye Hospital	32,649	47,198	79,847
Ghorahi Eye Centre	9,003	13,238	22,241
Lamahi Eye Hospital	16,437	23,837	40,274
Salyan Eye Centre	2,719	3,577	6,296
Rukum Eye Centre	1,833	2,310	4,143
CKNEH-Bahadurgunj	37,516	41,599	79,115
Koilabas Eye Clinic	201	237	438
Krishnanagar Eye Clinic	1,802	1,614	3,416
Sulichaur Eye Centre, Rolpa	635	720	1,355
Sub Total of Hospital and Centres	102,795	134,330	237,125
Outreach Activities	#REF!	#REF!	
Surgical Camp	3,144	4,301	7,445
Screening Camp	7,691	11,588	19,279
School Screening Camp	9,274	9,416	18,690
Sub Total of outreach activities	20,109	25,305	45,414
Grand Total	122,904	159,635	282,539



EAR SERVICE – 2018

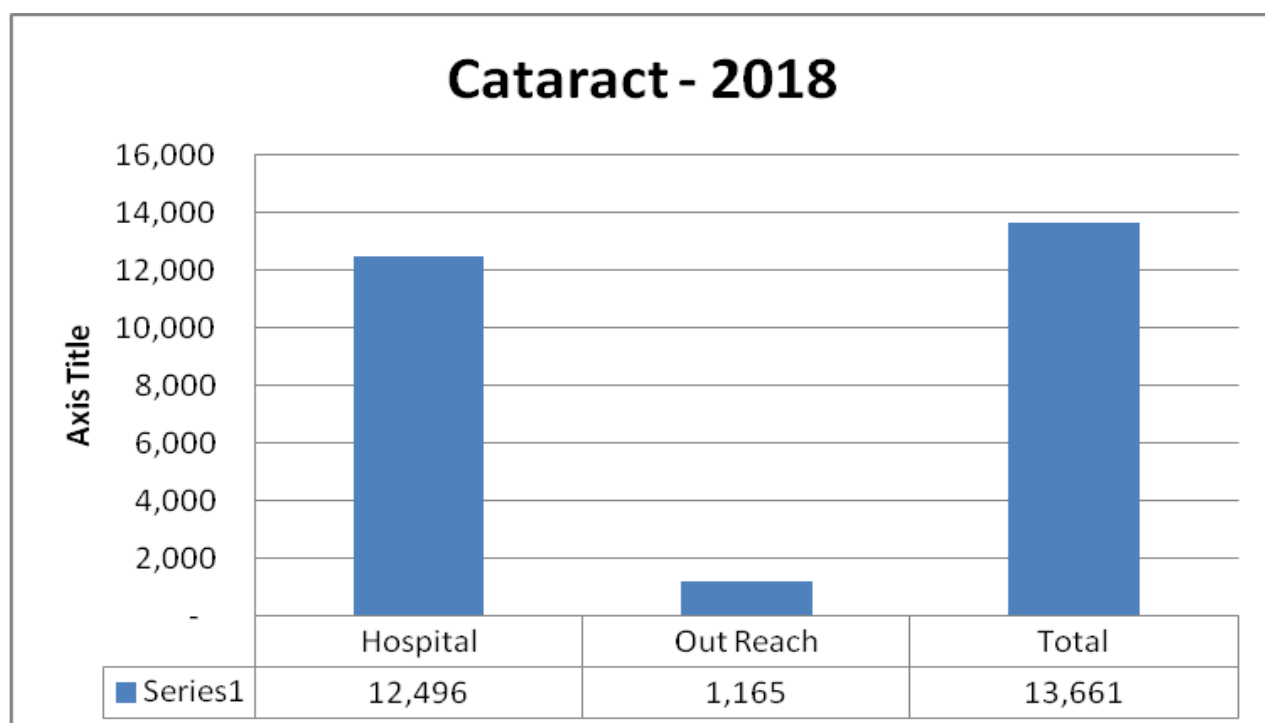
Ear service was started in Rapti Eye Hospital from January 2018. 1588 (46%Male/54%Female) ear patients were benefited by this service in Rapti. While, 2549(39% Male/61% Female) ear patients were benefited in Lamahi. All together 4,137 (42%Male/58% Female) ear patients were treated in 2018.

OPD Service-Ear	Male	Female	Total
Ear Service at LEH	998	1,551	2,549
Ear Service at REH	736	852	1,588
Sub Total of outreach activities	1,734	2,403	4,137

CATARACT SURGERIES – 2018

In three base hospitals, 12,496 cataract surgeries were performed and 1,165 cataract surgeries were performed in outreach activities during period of Jan to Dec 2018. In Total, 13,661(46% Male and 54% Female) cataract surgeries have been performed during this period.

Cataract Surgery	Male	Female	Total
Rapti Eye Hospital	778	1,075	1,853
Lamahi Eye Hospital	509	723	1,232
CKNEH-Bahadurgunj	4,444	4,967	9,411
In Outreach Activities	602	563	1,165
Ghorahi Eye Centre	-	-	-
Salyan Eye Centre	-	-	-
Total	6,333	7,328	13,661

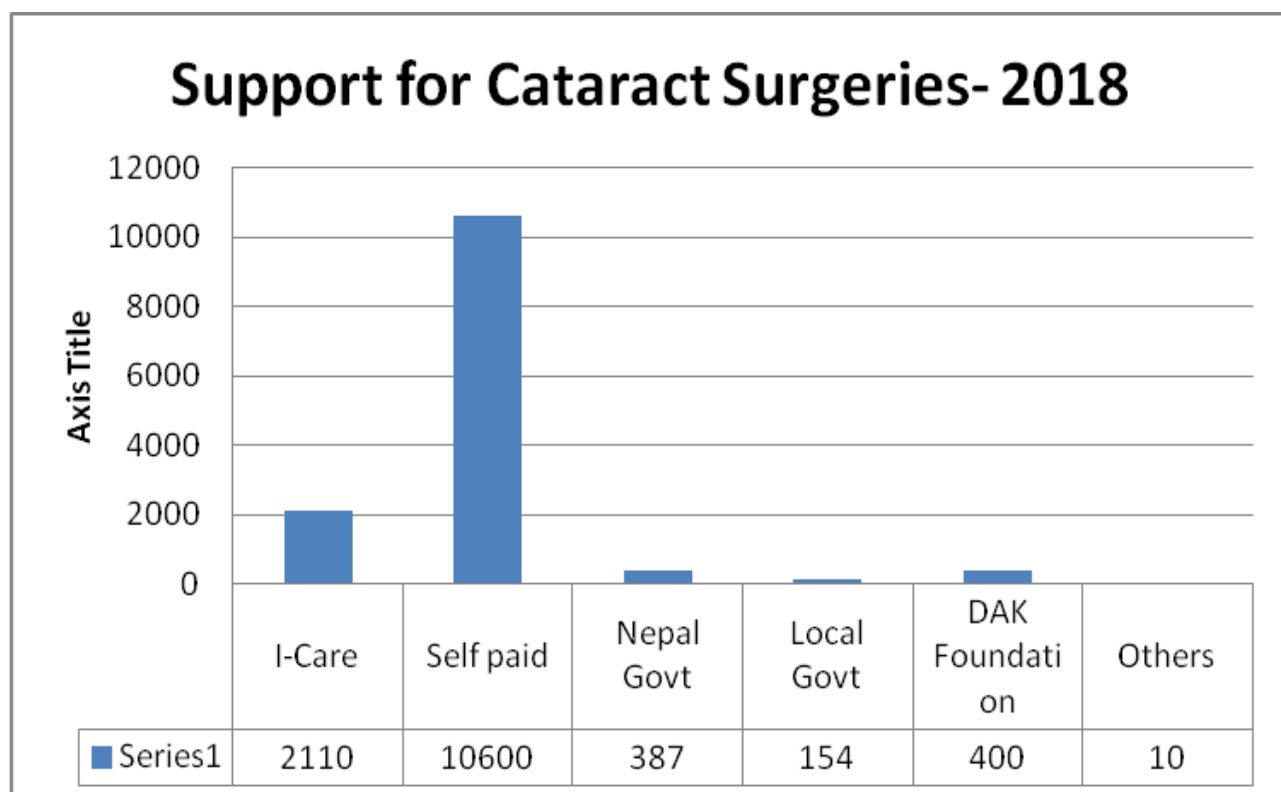


FREE CATARACT SURGERY- 2018

Out of 13,661 cataract surgery, 10,600 (77.59%) surgeries were self paid, 2,110 (15.45%) surgeries were supported by i-care, Nepal Government through CNNJS 387 (2.83%), DAK Foundation through CNNJS 400 (2.93%), Local Government i.e Rural Municipality and Lamahi Municipality 154 (1.13%) and Hariyali Co-operative, Sishaniya 10 (0.07%)

The number of phaco surgeries is increasing in good trend. In 2017, 956 phaco surgeries were performed while 1623 (58.90% more) phaco surgeries are performed in 2018.

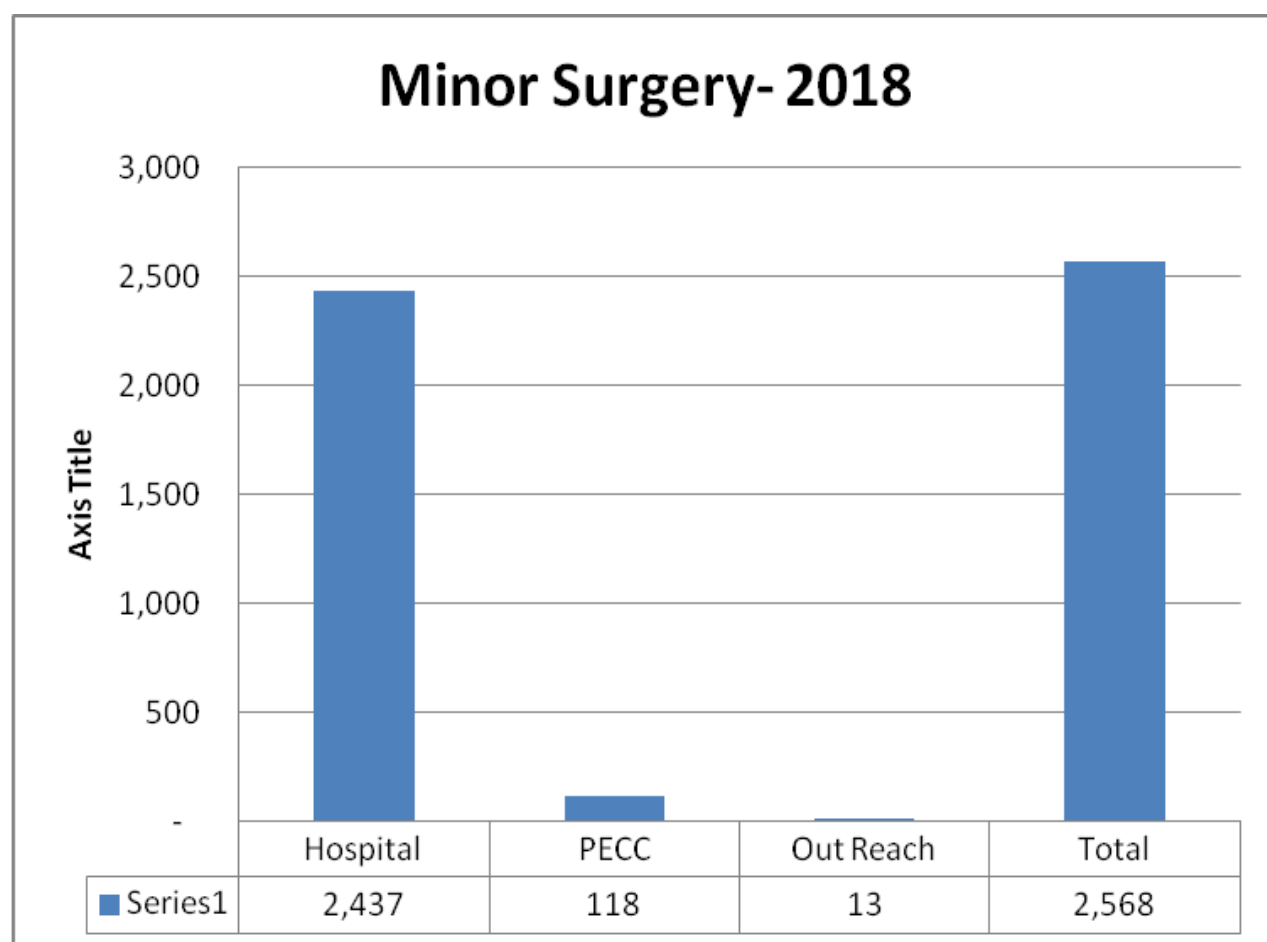
Free surgery with the support from	RAPTI	LAMAHI	CKNEH	Out Reach	Total	
I-Care/NABP Supported	380	388	934	408	2,110	support
SICS General- Self Paid	1,043	476	7,458	-	8,977	self paying
Phaco Surgery- Self paid	351	253	1,019	-	1,623	self paying
CNNJS (Nepal Government Surgical Eye Camp suport)	-	-	-	277	277	support
CNNJS (Nepal Government Base Hospital Support)	79	31	-	-	110	support
CNNJS (Indo Nepal Support)	-	-	-	-	-	support
Putha Uttarganga Rural Municipality Rukum East	-	-	-	80	80	support
Pro - Poor	-	-	-	-	-	support
Lamahi Municipality support-Lamahi	-	51	-	-	51	support
Hariyali Saving and Credit Co-operative Ltd, Deukhuri	-	10	-	-	10	
DAK Foundation	-	-	-	400	400	
Gadhwa Rural Municipality	-	23	-	-	23	
Grand Total	1,853	1,232	9,411	1,165	13,661	



OTHER SURGERY- 2018

Total 2,568 (38% Male and 62% Female) minor surgeries were performed in all three eye hospitals and outreach activities.

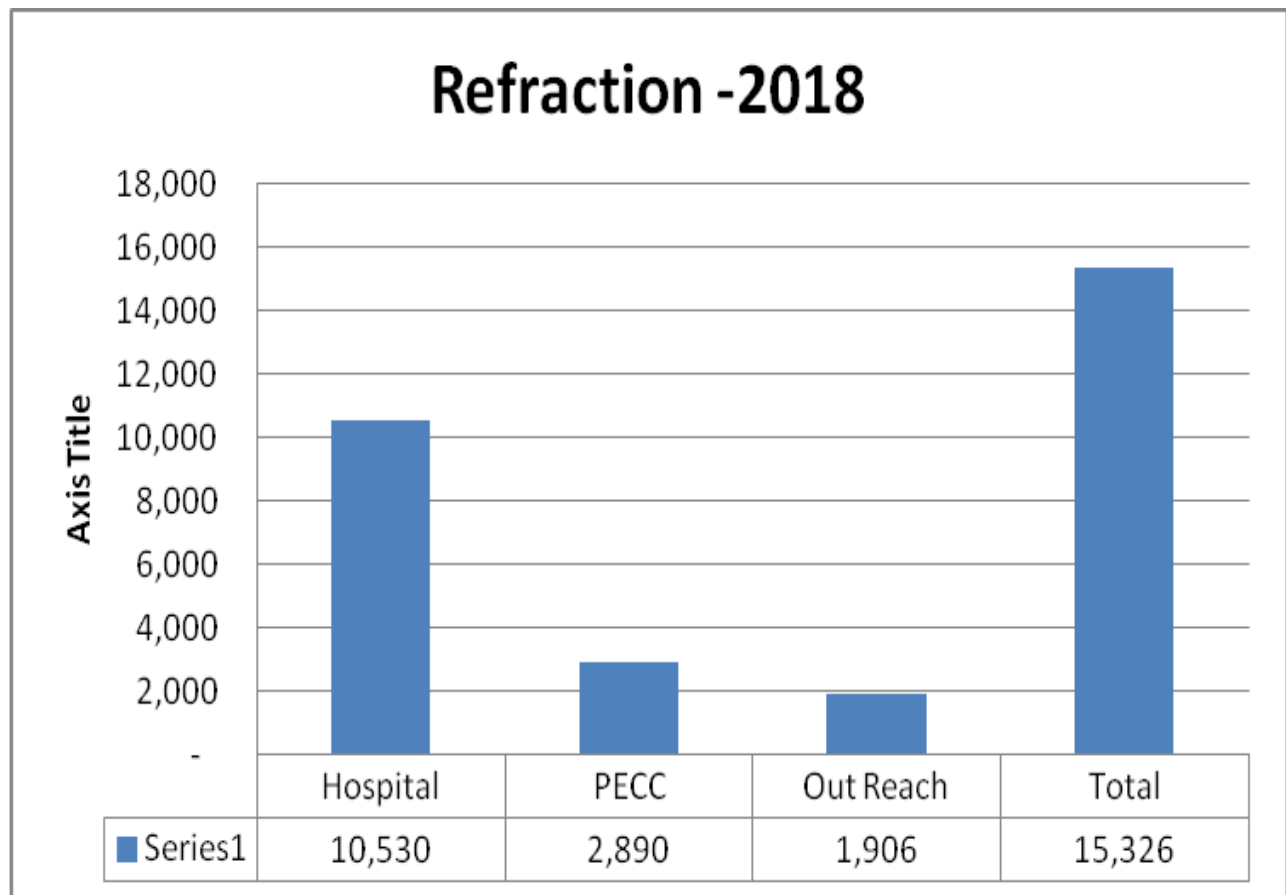
Minor Surgery	Male	Female	Total
Rapti Eye Hospital	471	844	1,315
Lamahi Eye Hospital	140	227	367
CKNEH-Bahadurgunj	322	433	755
Ghorahi Eye Centre	31	69	100
Rukum Eye Centre	-	5	5
Salyan Eye Centre	1	7	8
Koilabash Eye Clinic	-	-	-
Krishnanagar Refrral Centre	-	-	-
Surgical Eye Camp	6	7	13
Sulichaur Eye Centre, Rolpa	1	4	5
Total	972	1,596	2,568



VISION CORRECTION (REFRACTION SERVICE)- 2018

10,530 refractive errors were corrected by refraction in base hospitals, 2,890 in PECC, and 1906 in out-reach program. In total 15,326 (41% M/ 59% F) refractive error were corrected by refraction was corrected by refraction service.

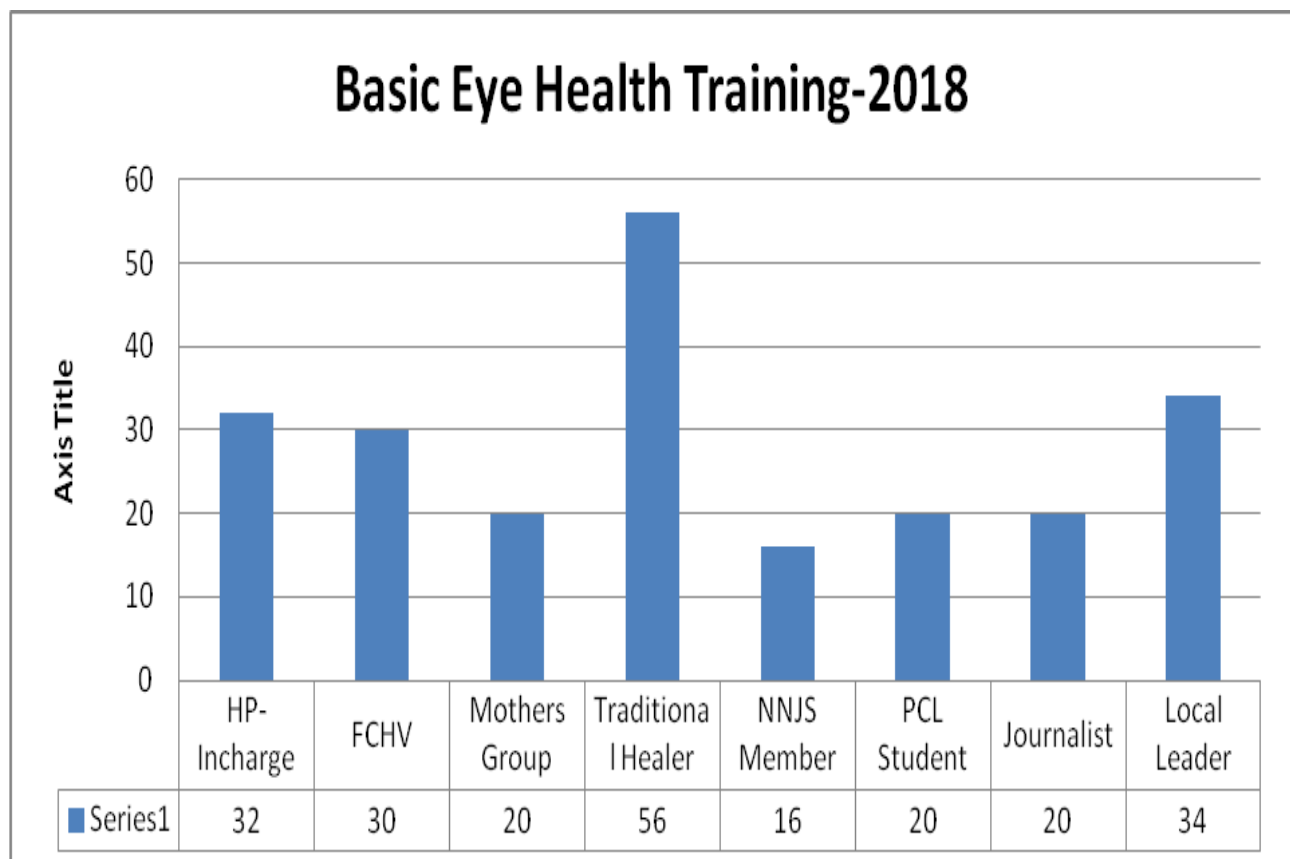
Refractive Error Corrected by the spectacles	Male	Female	Total
Rapti Eye Hospital	1,482	2,540	4,022
Lamahi Eye Hospital	1,113	1,879	2,992
CKNEH-Bahadurgunj	1,637	1,879	3,516
Ghorahi Eye Centre	688	1,000	1,688
Rukum Eye Centre	132	180	312
Salyan Eye Centre	117	160	277
Koilabash Eye Clinic	23	19	42
Krishnanagar Refrral Centre	218	213	431
Sulichaur Eye Centre, Rolpa	66	74	140
Surgical Eye Camp	124	186	310
Screening / Pick up Camp	387	508	895
School screening	340	361	701
Total	6,327	8,999	15,326



BASIC EYE HEALTH TRAINING-2018

Eye Health training was conducted with the support of NABP-Norway, the basic eye health training was provided to Health Post In-charge, FCHV (health personal), Mothers Group (volunteer), Drug Retailer (health care provider), Traditional healer and School teachers. Total 228 (55% M and 45%F) person received basic eye health training which will enable them to be a good eye health cadre as well as will support in making referral system strong.

Basic Eye Health Traininhg	Male	Female	Total
Health Post/Sub Health Post Incharge	20	12	32
FCHV	-	30	30
Mothers Groups	-	-	-
Drug Retailer	12	8	20
Traditional Healers	49	7	56
NNJS Members	13	3	16
PCI Nursing Student	-	20	20
School teachers			
Journalist	15	5	20
Local Level Leader	17	17	34
Total	126	102	228



EYE HEALTH EDUCATION/SCREENING CAMP/SURGICAL CAMPS/AWARENESS PROGRAM

School eye health education is a part of awareness and advocacy of our program. The main objective of eye health education is to provide information and knowledge about common eye diseases for early intervention. This year in 2018 (Jan-Dec), we have provided eye health education to 18,690 students (50% Boys/50% Girls).

Free eye check up was conducted in 37 schools where 18,690 students were examined (Boys 50% / Girls 50%). Among them 688 students (Boys 49% / Girls 51%) were prescribed glasses which were provided to them free of cost with the support of central NNJS.

Eye Health Education/Screening Camp/Surgical Camps/Awareness activities	Achievement of 2017	Target for 2018	Male	Female	Total
School Eye Health education In 50 Schools	15,563	17,200	9,271	9,419	18,690
Total Eye health screening at Schools	26 schools	50 Schools	-	-	37 schools
Total School Eye Health Education in Schools	38 schools	72 Schools	-	-	37 schools
Free Surgical Eye Camps	8 spot	15 spot	-	-	14 spots
Pick-up and Screening (DST) Camps-	71 spot	70	-	-	97 spots
Total awareness campaign	2 spot	7	140	180	2 spot
Publish news and articles in newspaper		60 nos			63 nos
Broad cast eye health message by local fm		20160 times			9360 times
Free Glass Distribution School Children		400	336	352	688
Free Glass Distribution Adult		200	132	168	300
Blind Certificate distributed and refer to DAB			28	13	41

Screening camp (DST) and Pick up camps/ DST were conducted in 97 spots. The numbers of patients in DST camp were 19,279 (male 40 % / female 60%)

Free surgical camps were conducted in 14 places (Sallibazar of Salyan , Kholagaun of Rukum, Dhungebar of Salyan, Rukumkot of Rukum, Athbiskot of Rukum, Tharmare of Salyan, Kalimati of Salyan, Kol of Rukum, Jumlakot of Jumla, Maharajgunj of Kapilbastu, Salle of Rukum, Sallibazar of Salyan, Sulichaur of Rolpa, Hardauna of Kapilbastu) with the support of Nepal Government (support for 4 camp), NABP/I-care (6 camp support), Local municipality (1 camp) and Dak Foundation (3 camp) .

Two awareness campaigns were conducted in the seasonal festival at Tulsipur and Ghorahi which was organized by local business organization. Eye Health Information was disseminated, leaf let, pamphlets were distributed through eye health information desk. In our experience, this method is best to increase awareness among general people regarding the prevention of eye diseases.

EXPOSURE TO STAFF AND MANAGEMENT TEAM- 2018

Medical, Paramedical and Volunteers from NNJS (8 nos) were participated in International seminar of India, Dubai and Hongkong. Similarly, 28 medical, paramedical, administrative and volunteers were participated in different workshop. 5 medical, paramedical and administrative staffs were participated RAAB survey training in 2018.

VISION OUTCOME 2018

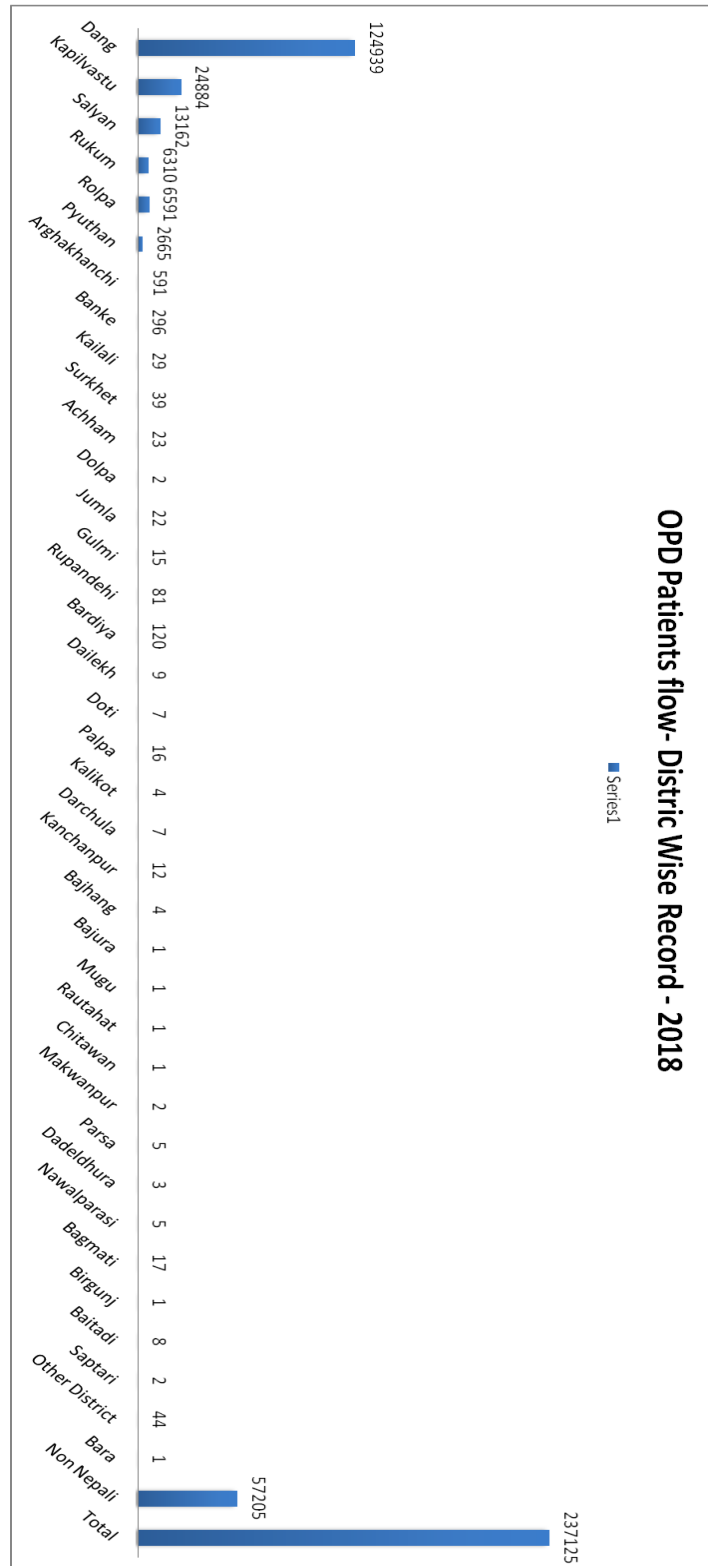
In 2018, the visual outcome of Rapti Eye Hospital was 87.2%, LEH was 84.5% , CKNEH 81.2% and in Eye Camp 81.9%. It shows that the performance of surgery both in Hospital and in Eye Camp is good.

Visual Outcome 2018			
REH 2018			
	PRE OP.	POST OP.	%
6/6- 6/18	54	1616	87.2
<6/18 - 6/60	845	182	9.8
<6/60 - 3/60	456	51	2.8
<3/60	498	4	0.2
Total	1853	1853	
LEH 2018			
	PRE OP.	POST OP.	%
6/6- 6/18	85	1041	84.5
<6/18 - 6/60	319	145	11.8
<6/60 - 3/60	530	39	3.2
<3/60	298	7	0.6
Total	1232	1232	
CKNEH, 2018			
	PRE OP.	POST OP.	%
6/6- 6/18	60	7640	81.2
<6/18 - 6/60	869	1538	16.3
<6/60 - 3/60	2150	97	1.0
<3/60	6332	136	1.4
Total	9411	9411	
Camp, 2018			
	PRE OP.	POST OP.	%
6/6- 6/18	0	954	81.9
<6/18 - 6/60	304	176	15.1
<6/60 - 3/60	346	34	2.9
<3/60	515	1	0.1
Total	1165	1165	

District wise patients flow in 2018

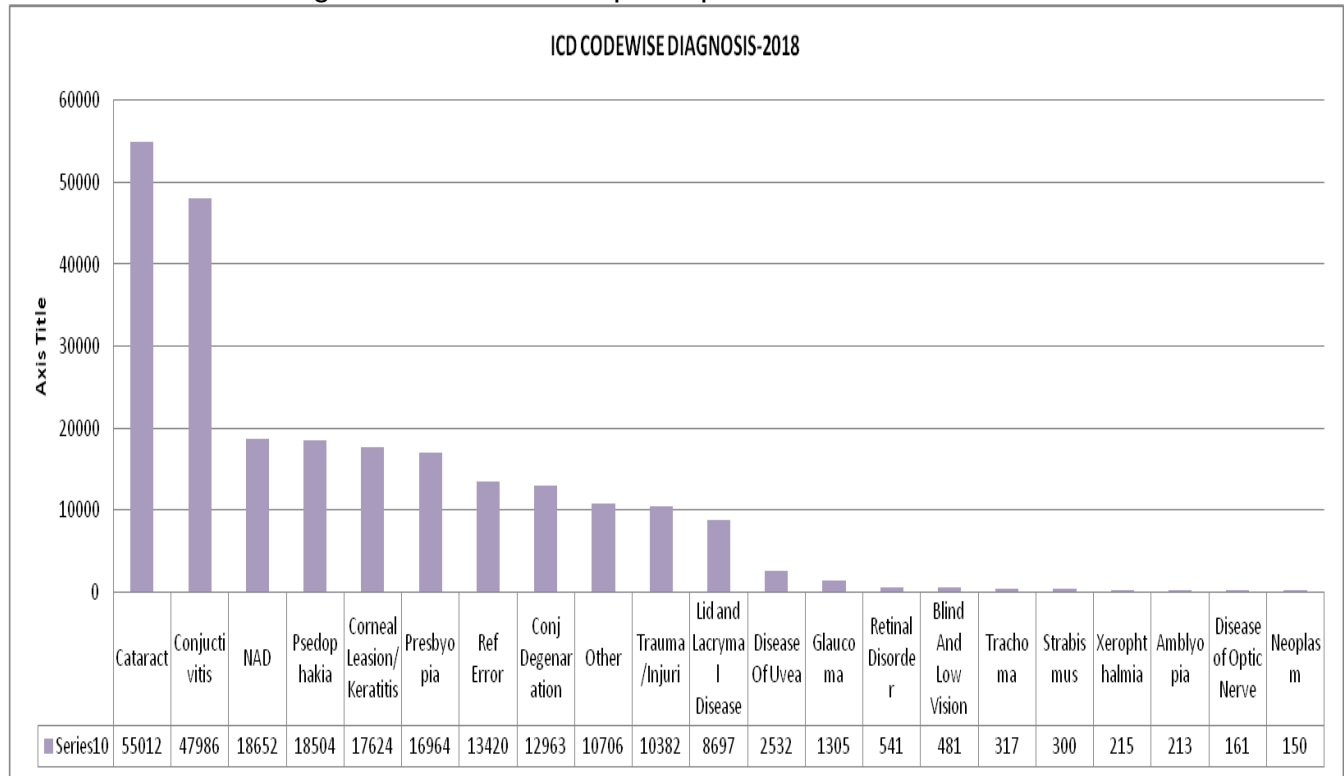
Out of 237,125 OPD patients 57,205 were Indian patients. Patients from different districts have visited in Rapti Eye Hospital, CKNEH-Bahadurgunj, Lamahi Eye Hospital and Primary Eye Care Centre.

SN	District	Number
1	Dang	124939
2	Kapilvastu	24884
3	Salyan	13162
4	Rukum	6310
5	Rolpa	6591
6	Pyuthan	2665
9	Arghakhanchi	591
10	Banke	296
11	Kailali	29
12	Surkhet	39
13	Achham	23
14	Dolpa	2
15	Jumla	22
16	Gulmi	15
17	Rupandehi	81
18	Bardiya	120
19	Dailekh	9
20	Doti	7
21	Palpa	16
22	Kalikot	4
23	Darchula	7
24	Kanchanpur	12
25	Bajhang	4
26	Bajura	1
27	Mugu	1
28	Rautahat	1
29	Chitawan	1
30	Makwanpur	2
31	Parsa	5
32	Dadeldhura	3
33	Nawalparasi	5
34	Bagmati	17
35	Birgunj	1
36	Baitadi	8
37	Saptari	2
38	Other District	44
39	Bara	1
40	Non Nepali	57205
	Total	237125

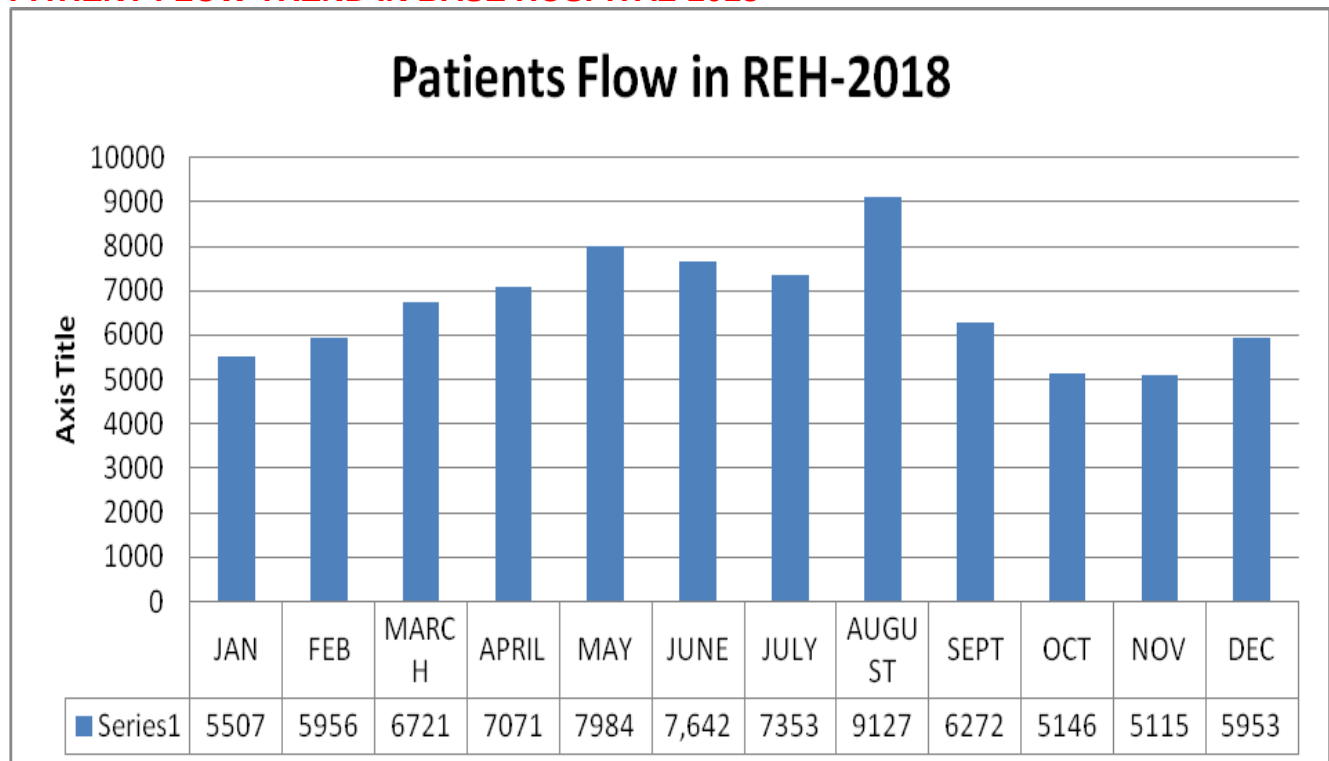


ICD(INTERNATIONAL CLASIFICATION OF DIEASES)- 2018

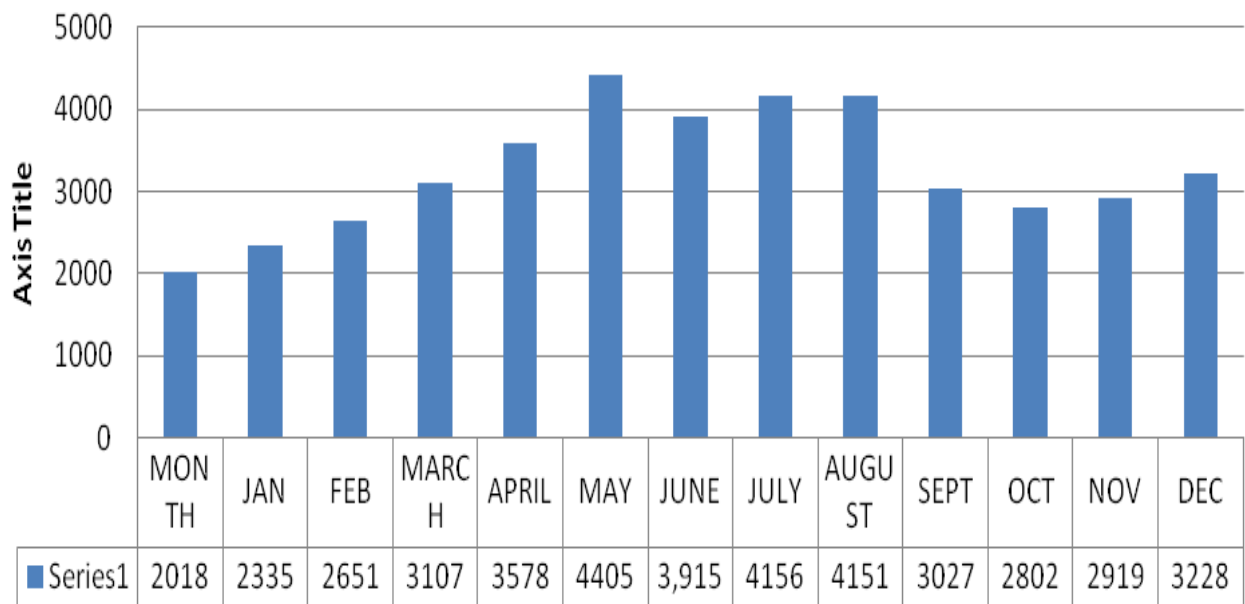
In 2018, cataract is highest in number and psedophakia is second in number.



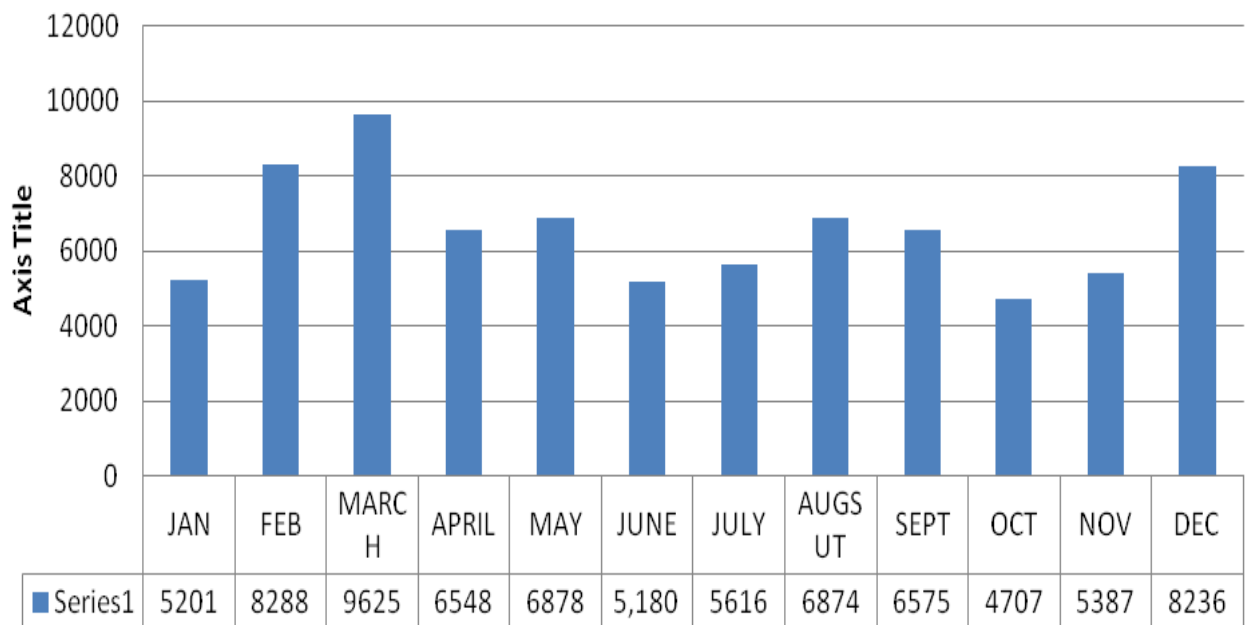
PATIENT FLOW TREND IN BASE HOSPITAL-2018



Patient Flow in LEH- 2018



Patient flow in CKNEH-2018



CATARACT SURGICAL RATE (CSR)- 2018

Nepal Netra Jyoti Sangh								
Eye Health Programme Rapti and Bahadurgunj								
District Wise Catatract Surgical Rate (CSR) 2018								
Districts	Population 2015	Plan	Eye Camps	Hospital	Total	20% add	Total Surgery	CSR/ Million population
Dang	557852	0	7	2323	2330	466	2796	5012
Salyan	243575	0	394	256	650	130	780	3202
Rukum	210878	0	359	135	494	99	593	2811
Rolpa	227075	0	315	221	536	107	643	2833
Pyuthan	235165	0	364	158	522	104	626	2664
Kapilvastu	481976	0	300	1641	1941	388	2329	4833
					0	0	0	
					0	0	0	
					0	0	0	
Total	1956521	0	1739	4734	6473	1295	7768	3970

TARGET Vs ACHIEVEMENT (SUMMARY) - 2018

OPD Service	Achievement of 2017	Target for 2018	Male	Female	Total	% Achieved
Rapti Eye Hospital	76929	82314	32,649	47,198	79,847	97
Ghorahi Eye Centre	21741	23263	9,003	13,238	22,241	96
Lamahi Eye Hospital	36453	39005	16,437	23,837	40,274	103
Salyan Eye Centre	5617	6181	2,719	3,577	6,296	102
Rukum Eye Centre	3991	4270	1,833	2,310	4,143	97
CKNEH-Bahadurgunj	75859	81169	37,516	41,599	79,115	97
Koilabas Eye Clinic	321	343	201	237	438	128
Krishnanagar Eye Clinic	3483	3727	1,802	1,614	3,416	92
Sulichaur Eye Centre, Rolpa	1306	1397	635	720	1,355	97
Sub Total of Hospital and Centres	225,700	241,669	102,795	134,330	237,125	98
Outreach Activities			-	-		
Surgical Camp	5,006	5356	3,144	4,301	7,445	139
Screening Camp	11,904	12737	7,691	11,588	19,279	151
School Screening Camp	10,826	11584	9,274	9,416	18,690	161
Sub Total of outreach activities	27,736	29,677	20,109	25,305	45,414	153
Grand Total	253,436	271,346	122,904	159,635	282,539	104

OPD Service-Ear	Achievement of 2017	Target for 2018	Male	Female	Total	% Achieved
Ear Service at LEH	1,826	2000	998	1,551	2,549	127
Ear Service at REH	-	2,000	736	852	1,588	79
Sub Total of outreach activities	1,826	4,000			4,137	103

Free surgery with the support from	Achievement of 2017	RAPTI	LAMAHI	CKNEH	Out Reach	Total
I-Care/NABP Supported	2446	380	388	934	408	2,110
SICS General- Self Paid	9755	1,043	476	7,458	-	8,977
Phaco Surgery- Self paid	956	351	253	1,019	-	1,623
CNNJS (Nepal Government Surgical Eye Camp suport)	424	-	-	-	277	277
CNJJS (Nepal Government Base Hospital Support)	191	79	31	-	-	110
CNJJS (Indo Nepal Support)	0	-	-	-	-	-
Putha Uttarganga Rural Municipality Rukum East	0	-	-	-	80	80
Pro - Poor	0	-	-	-	-	-
Lamahi Municipality support-Lamahi	0	-	51	-	-	51
Hariyali Saving and Credit Co-operative Ltd, Deukhuri		-	10	-	-	10
DAK Foundation		-	-	-	400	400
Gadhwa Rural Municipality			23			23
Grand Total	13,772	1,853	1,232	9,411	1,165	13,661

Cataract Surgery	Achievement of 2017	Target for 2018	Male	Female	Total	% Achieved
Rapti Eye Hospital	1987	2126	778	1,075	1,853	87
Lamahi Eye Hospital	1293	1384	509	723	1,232	89
CKNEH-Bahadurgunj	9834	10522	4,444	4,967	9,411	89
In Outreach Activities	658	1199	602	563	1,165	97
Ghorahi Eye Centre			-	-	-	
Salyan Eye Centre			-	-	-	
Total	13,772	15,231	6,333	7,328	13,661	90

Minor Surgery	Achievement of 2017	Target for 2018	Male	Female	Total	% Achieved
Rapti Eye Hospital	939	1005	471	844	1,315	131
Lamahi Eye Hospital	299	320	140	227	367	115
CKNEH-Bahadurgunj	633	677	322	433	755	112
Ghorahi Eye Centre	93	100	31	69	100	100
Rukum Eye Centre	5	5	-	5	5	100
Salyan Eye Centre	2	2	1	7	8	400
Koilabash Eye Clinic	0		-	-	-	#DIV/0!
Krishnanagar Refrral Centre	0		-	-	-	#DIV/0!
Surgical Eye Camp	18	19	6	7	13	68
Sulichaur Eye Centre, Rolpa	1	1	1	4	5	500
Total	1,990	2,129	972	1,596	2,568	121

Refractive Error Corrected by the spectacles	Achievement of 2017	Target for 2018	Male	Female	Total	% Achieved
Rapti Eye Hospital	3498	3743	1,482	2,540	4,022	107
Lamahi Eye Hospital	2674	2861	1,113	1,879	2,992	105
CKNEH-Bahadurgunj	3436	3677	1,637	1,879	3,516	96
Ghorahi Eye Centre	1271	1360	688	1,000	1,688	124
Rukum Eye Centre	242	259	132	180	312	120
Salyan Eye Centre	212	227	117	160	277	122
Koilabash Eye Clinic	47	50	23	19	42	84
Krishnanagar Refrral Centre	412	441	218	213	431	98
Sulichaur Eye Centre, Rolpa	172	184	66	74	140	76
Surgical Eye Camp	204	218	124	186	310	142
Screening / Pick up Camp	641	686	387	508	895	130
School screening	252	270	340	361	701	260
Total	13,061	13,976	6,327	8,999	15,326	110

Basic Eye Health Traininhg	Achievement of 2017	Target for 2018	Male	Female	Total	% Achieved
Health Post/Sub Health Post Incharge	43	50	20	12	32	64
FCHV	98	60	-	30	30	50
Mothers Groups	170	50	-	-	-	-
Drug Retailer	16	20	12	8	20	100
Traditional Healers	111	20	49	7	56	280
NNJS Members	-		13	3	16	#DIV/0!
PCI Nursing Student	58	80	-	20	20	25
School teachers	47	50				-
Journalist	23		15	5	20	#DIV/0!
Local Level Leader			17	17	34	
Total	566	330	126	102	228	69

Eye Health Education/Screening Camp/Surgical Camps/Awariness activities	Achievement of 2017	Target for 2018	Male	Female	Total	
School Eye Health education In 50 Schools	15,563	17,200	9,271	9,419	18,690	
Total Eye health screening at Schools	26 schools	50 Schools	-	-	37 schools	
Total School Eye Health Education in Schools	38 schools	72 Schools	-	-	37 schools	
Free Surgical Eye Camps	8 spot	15 spot	-	-	14 spots	
Pick-up and Screening (DST) Camps-	71 spot	70	-	-	97 spots	
Total awareness campaign	2 spot	7	140	180	2 spot	Ghorahi Mela

<u>Publish news and articles in newspaper</u>		60 nos			63 nos
<u>Broad cast eye health message by local fm</u>		20160 times			9360 times
Free Glass Distribution School Children		400	336	352	688
Free Glass Distribution Adult		200	132	168	300
Blind Certificate distributed and refer to DAB			28	13	41

Work and activities in short- 2018

Workshop/Seminar/Meeting

Eye Health Programme Rapti and Bahadurgunj had organized a social audit meeting in the premise of Lamahi Eye Hospital on 1st January 2018. The meeting was conducted in the presence of Mayor and Deputy Mayor of Lamahi Municipality, representative of donor agency and different political parties, beneficiaries (end users) from more than fifty different regions. The information on the services provided by the programme was disseminated and various discussions and recommendation were made in the program.

Two members from NNJS Dang branch (Mr, Surendra Bahadur Khadka, Secretary and Mr, Netramani Lamichane, member) and two from Hospital (Dr Sulaxmi Katuwal, Chief Medical Director and Mr, Salik Ram Gautam, Out-reach co-ordinator) had participated the “All Qassimi Ophthalmology International Conference” held in Dubai from 3rd – 8th January.

Mr. Krishna Kumar Giri, Chairman of NNJS Dang branch and Dr Santosh Subedi, ophthalmologist of hospital had participated the Asia Pacific Academy of Ophthalmology Congress (APAO) held in Hongkong from 8th – 11th February.

The chairman and the Secretary of NNJS Dang branch, the Chief Medical Director and Senior Administrative Officer from the hospital, Project Manager, Finance Controller from NABP-Nepal Office and Director from NABP-Norway had participated the Social Audit Meeting from 23rd to 24th January which was organized by Atlas Alliance Norway and its partners in Kathmandu, Nepal.

One day Annual Review Meeting and Workshop was held at Ghorahi on 10th February. The key persons from all three eye hospitals and eye centres, Executive members from NNJS-Dang Branch and Finance Controller from NABP Kathmandu office were present in the workshop. The workshop had set target and proposed budget for 2018

On 24th February Nepal Netra Jyoti Sangh had organized Regional Workshop of Mid and Far West Regions (Now Province number five, six and seven) in Rapti Eye Hospital, Tulsipur, Dang. The executive members of Central NNJS, members of NNJS Branch, Ophthalmologists, Hospital Managers and Centre In-charge were participated in the workshop. Honorable Member of Parliament, Honorable Judge, and the Mayor of Tulsipur sub-metropolitan city were also present as a special guest in the workshop. Various commitment of support was received from the chief guest, special guests and other speaker.

Joint meeting with executive member of NNJS Dang Branch and Hospital Management Team in the presence of NABP-Project Manager was held to discuss on drugs and spectacles management report submitted by a committee. Mr, Surendra Bahadur Khadka, coordinator of the committee had presented the report.

A discussion meeting was held at Koilabash-8, of Gadhwa Rural Municipality in the presence of NABP-Project Manager, Chairman of Gadhwa Rural Municipality, Ward Chairman of Koilabash and the executive members of NNJS-Dangh Branch. Gadhwa Rural Municipality has allocated 10 Kattha (3380 Sq Meter) for eye care centre in Koilabash.

One day orientation and basic eye health training was conducted for the executive members of NNJS-Rukum Branch. NABP- Project Manager, Chairman, Secretary and members of NNJS-Dang Branch, Out-reach coordinator, Administrators from Hospital were participated the program. Ms Lila Sha, members of NNJS, Mr, Samsheer Thapa, Sr A.O and Mr, Salik Ram Gautam, Outreach coordinator were facilitator of the program.

25th Annual General Assembly Meeting of central NNJS was held in Bharatpur, Chitwan. Chairman and members of NNJS, Dang Branch were participated in the meeting. NNJS-Dang was awarded for best branch of the year 2018.

Dr Sulaxmi Katuwal, chief Medical Director and Dr Santosh Subedi and Dr Nita Sunam ophthalmologists had participated the SAARC OPHTHALMOLOGIST Seminar held from 20th to 24th June in Kathmandu.

Mr. Krishna Kumar Giri, chairman of Hospital Management Committee along with other board members and hospital staff had participated the 25th General Assembly of NNJS held in Chitwan.

Joint Meeting with Nepal Netra Jyoti Sangh-Dang Branch, Rapti Eye Hospital and Dang Association of Blind was held in 7th July, 2018 to discuss on rehabilitation program.

Mr, Krishna Kumar Giri, Chairman of Hospital Management Board, Dr Sulaxmi Katuwal, Chief Medical Director, Mr, Samsheer Thapa, Sr Administrative Officer participated Central Level Meeting which organized by NNJS Central Office, Kathmandu in July 2018.

Dr Sulaxmi Katuwal, Chief Medical Director has participated ACOIN Meeting in Calcutta, India. She was awarded by Prof Dr RP Pokhrel ACOIN-NNJS, Indo-Nepal Friendship Award for her continuous service in the field of eye care.

Dr Suresh Rasaili, ophthalmologist and Mr, Jas Raj BK, Administrative Officer CKNEH-Bahadurgunj were participated the seminar regarding hospital management on 28th April organized by Biratnagar Eye Hospital.

Joint meeting of Rapti Technical School and Rapti Eye Hospital regarding on Ophthalmic Science Program was held at District Administrative Office in Ghorahi. The meeting was conducted in the chairmanship of Chief District Officer.

Advocacy

Rapti Eye Hospital, Lamahi Eye Hospital and the executive members of NNJS-Dangh Branch had visited Lamahi Municipality, Gadhwa Rural Municipality, Rajpur Rural Municipality, Rapti Rural Municipality, Tulsipur Sub-Metropolitan City, Shantinagar Rural Municipality, Babai Rural Municipality, Dangisaran Rural Municipality, Banglachuli Rural Municipality and Ghorahi sub Metropolitan City for the advocacy work with brief concept letter and proposed program. We have received very positive response and feedback from them.

Co-ordination and interaction program was conducted in Surkhet the capital of Karnali Province. The program was organized by central NNJS in the chairmanship of Prof. Dr Tirtha Pd Mishra. Mr, Mahendra Bahadur Sahi, Chief Minister of Karnali Province was the chief guest and other ministers from Ministry of Social Development and Ministry of Finance were the special guest of the program. Mr, Sailesh Kumar Mishra, Chief Executive Director from central NNJS and Mr, Krishna Kumar Giri, President of NNJS-Dang branch and team were present in the meeting. Mr, Sailesh Prasad Mishra had presented about the overall view of eye health program and the role played by NNJS in reduction of blindness in Nepal. Similarly, Mr, Samsher Thapa, Senior Administrative Officer had presented about the service of Eye Health Program- Rapti and Bahadurgunj. We have also presented the need of service expansion in Karnali Province. The meeting was concluded with positive feedback and response from all ministries.

In order to introduce master plan of Rapti Eye Hospital, a short brief meeting was held with Honorable Speaker Mr,Purna Bahadur Gharti of Province Number 5 at Butwal. Mr. Krishna Kumar Giri, President, Mr. Surendra Bahadur Khadka, Secretary of NNJS-Dang Branch and Mr. Samsher Thapa, Sr Administrative Officer were present in the meeting.

Training

Orientation and Basic Eye Health Training was organized for the executive members of NNJS-Rukum Branch. The program was facilitated by Ms Lila Shah, members from NNJS Dang branch and Salik Ram Gautam, Out Reach Coordinator from Rapti Eye Hospital.

Mr. Krishna Kumar Giri, chairman of Hospital Management Committee, Dr. Sulaxmi Katuwal, Chief Medical Director and some other staff of the hospital had participated the training on Health Insurance provided by Nepal government on 21st April in Ghorahi.

Twenty students of Sanjeevini Nursing College of Ghorahi were provided training on Primary Health Care from 15th to 20th April in Rapti Eye Hospital.

RAAB Survey training was held in Rana Ambika Eye Hospital, Bhairahawa. Ophthalmologist, Administrative Officer, Optometrist, Ophthalmic Officer, Ophthalmic Assistant had participated the training.

Chief Medical Director, Administrator, Optometrist, Ophthalmic Officer had participated four days Eyexcel in Eye Care training which was organized by NNJS/Lumbini Rana

Ambika Eye Hospital at Bhairahawa which was supported by SEVA Foundation. The overall objective of training was to develop a quality training program.

Mr, Krishna Pd Bhattara, Account Officer, Mr, Jas Raj BK , Admin Officer, Mr, Hum Chaudhary, Account Asst, Mr, Kamal Chaudhary, Account Asst were participated in Income Tax and VAT management training in Kathmandu.

Awareness Campaign/Programme:

In order to deliver the message on eye health and also for social marketing, the awareness program has been very useful tool for Eye Health Program-Rapti and Bahadurgunj. For that, we do eye health exhibition, free eye screening, and distribute pamphlets in fair. In 2018, we did two awareness campaigns in Ghorahi and Krishnanagar of Kapilbastu. Large numbers of people were provided eye care service, delivered message on eye health and distributed pamphlets.

Lamahi Eye Hospital had organized a program to disseminate achievement report of eye health program- Rapti and Bahadurgunj and to deliver message on basic eye health education. Mayor, Deputy Mayor, Ward Chairmen and members of Lamahi Municipality were invited in the program. Mr, Bharat Bahadur Chanda, Secretary of central NNJS and team from Kathmandu were present in the program. Executive members of NNJS Dang Branch were also present in the program.

Event:

Tree plantation program held at Lamahi Eye Hospital. Chief Guest of the program was Mr, Bharat Bahadur Chanda, Secretary of Central NNJS. During the same program, achievement of eye health program-Rapti and Bahadurgunj was presented by Senior Administrative Officer.

NNJS Day was observed in Rapti, Lamahi and Bahadurgunj by organizing a small program and conducting free surgical eye camp. Free surgical eye camp was organized at Rukumkot of eastern Rukum during the NNJS- Day. Mr, H.S Bista, Project Manager of NABP, Mr, Krishna Kumar Giri, President of NNJS-Dang Branch and team were present in the camp. The camp was supported by i-care, Norway.

World Sight Day also observed in three Hospitals by organizing a different program. Rapti Eye Hospital and Lamahi Eye Hospital observed World Sight Day by disseminating eye health message through poster and pamphlets. Similarly, CKNEH-Bahadurgunj observed World Sight Day by organizing free surgical camp.

Visit:

Mr. Sven Castberg, Head of Department of Business, NABP Norway with the crew of documentary film and Mr. H. S. Bista, Project Manager NABP Nepal had visited hospital on 9th April. They had observed the free surgical eye camp conducted with financial support of icare NABP Norway and shot the documentary film also.

Mrs. Sissel Halden, wife of late Dr. Albert Kolstad his son and daughter in law had visited Rapti Eye Hospital, Lamahi Eye Hospital and Ghorahi Eye Centre from 15th to 20th April. They had contributed NPR 500,000 for the construction of new OPD building in Rapti Eye Hospital.

Elisabeth Oksum and her friends had visited Rapti in October 2018. Previously she had worked with NABP-Norway in the capacity of Director and during her tenure she had visited Nepal several times. She has also a contribution in reduction of blindness in Rapti of Nepal by her efforts and inputs for the program. Her team has donated NRs 70,000.00 to Hospital.

Honorable Mr, Metmani Chaudhary, Honorable Ms Parbati DC Chaudhary, Honorable Ms Bimala Nepali, Honorable Ms Ganga Chaudhary and Honorable Ms Bishnu Paudel visited Lamahi Eye Hospital. Mr, Krishna Giri, chairman of Hospital had briefly briefed on eye care service of Eye Health Program-Rapti & Bahadurgunj. Ophthalmologist, members of NNJS-Dang Branch were also present in the meeting. They had given positive response to support Lamahi Eye Hospital for its infrastructure development.

Annual General Assembly of NNJS-Dang

16th Annual General Assembly of NNJS-Dang Branch was held in October 2018. New executive members were elected by the assembly. Mr. Krishna Kumar Giri is elected for Chairman and Ms. Bhagwati Sharma, Mr. Resham Bahadur Khadka, Mr. Surendra Bahadur Khadka, Mr. Shyam Prakash Acharya, Mr. Chirinjivi Rijal, Mr. Ghanshaym Subedi, Mr. Dinesh Kumar Dangi, Ms Sharda Chaudhary, Mr. Harihar Paudel, Mr. Shesmani Gautam, Mr. Tilak Bahadur KC and Mr. Obindra Mahara all are elected for the post member.

Survey:

RAAB Survey completed in five districts (Rukum, Salyan, Rolpa, Pyuthan and Dang). The survey was conducted in 35 Cluster from 11th August 2018.

New Service

Ear Service has started from 1st January 2018 in Rapti Eye Hospital.

Lab service with specialization service has upgraded in all three Base Hospitals (Rapti Eye Hospital, CKNEH-Bahadurgunj and Lamahi Eye Hospital) from October 2018.

Construction Work

The construction work of ground and first floor of Ward Building at CKNEH-Bahadurgunj has been completed. Operation work has been started from new OT block and patients are being provided inpatients facilities from new ward building.

Slab work of ground floor has been completed of OPD block in Rapti.

HUMAN RESOURCE OF EHP – R&B -2018

RAPTI EYE HOSPITAL			
MEDICAL /PARAMEDICAL STAFFS- 2018			
S.No	Name	Post	Level/Remarks
1	Dr Sulaxmi Katuwal	Chief Medical Director	Officer Class, First Level
2	Dr Suresh BK Rasaly	Ophthalmologist	Officer Class, Second Level
3	Mr Om Prakash Yadav	Optometrist	Officer Class, Third Level
4	Mr, Salik Ram Gautam	Out Reach Coordinator	Officer Class, Third Level
5	Mr, Ramesh Bdr Giri	Ophthalmic Assistant	Non Officer Class, First Level
6	Mr, Hari Ram Chaudhary	Sr Eye Health Worker	Non Officer Class, First Level
7	Ms Parbati Kumari Sharma(Paudel)	Sr Eye Health Worker	Non Officer Class, First Level
8	Ms Srijana Khanal	Ophthalmic Assistant	Non Officer Class, First Level
9	Mr Bishnu Pd Khanal	Sr Eye Health Worker	Non Officer Class, First Level
10	Ms Meena Malla	Sr Eye Health Worker	Non Officer Class, First Level
11	Miss Sapana Gautam	Ophthalmic Assistant	Non Officer Class, First Level
12	Mr, Rohit Kadayat	Ophthalmic Assistant	Non Officer Class, First Level
13	Mr, Santosh Sharma	Lab Technician	Non Officer Class, First Level
14	Ms Tika Khadka	Eye Health Worker	Non Officer Class, Second Level
15	Ms Bijeta Chaudhary	Eye Worker	Non Officer Class, Fourth Level
16	Ms Kamari Chaudhary	Eye Worker	Non Officer Class, Fourth Level
17	Ms Mamata Chaudhary	Eye Worker	Non Officer Class, Fourth Level
18	Ms Binita Chaudhary	Eye Worker	Non Officer Class, Fourth Level
ADMINISTRATIVE STAFFS			
1	Mr, Kiran Paudel	Administrator	Officer Class, Third Level
2	Mr Balaram Khadka	Suchana Adhikari	Non Officer Class First Level (Eye Health Program-R&B)
3	Mr, Hum Chaudhary	Account Assistant	Non Officer Class, First Level
4	Mr, Man Bahadur Oli	Driver	Driver Class, Fourth Level
5	Mr, Jeeban Thapa	Maintenance Assistant	Non Officer Class, Third Level
6	Mr, Purna Bahadur Oli	Office Assistant	Non Officer Class, Third Level
7	Mr, Bam Bahadur Basnet	Office Helper	Office Helper, Third Level
8	Ms Lila Kala Pun	Office Helper	Office Helper, First Level
OUT SOURCE			
1	Ms Nirala Aryal	Assitant/Librarian	
2	Mr, Pit Bahadur KC	Security Guard	
3	Mr, Dandabir Bista	Security Guard	
4	Mr, Man Bdr Oli	Security Guard	
5	Mr, Man Raj Oli	Security Guard	
6	Ms Sailaja Pandey	Recorder	
7	Ms Srijana Budha	Recorder	
8	Mr Hari Bahadur Gurung	Helper	
9	Ms Sobha Oli	Helper	
CONSULTANT/ADVISOR			
1	Advocate Mr, Prabin Lamsal	Legal Advisor	Eye Health Program-R&B
DRUG/SPECTACLES (OUT SOURCE)			
1	Ms Dhana Gautam	Sales Asst (Pharmacy)	
2	Ms Shiva Thapa	Sales Asst (Spectacles)	
3	Mr Suresh Chaudhary	Sales Asst cum Accountant	
4	Ms Sharmila Chaudhary	Sales Asst (Spectacles)	
5	Ms Naina Chaudhary	Sales Asst (Pharmacy)	
6	Mr. Gopal Jung Shah	Sales Asst cum Accountant	
CONSTRUCTION/STORE			
1	Mr. Tilak Pant	Site Engineer	OPD Construction
2	Mr. Deepak Mahat	Store Keeper	OPD Construction

LAMAHI EYE HOSPITAL			
MEDICAL /PARAMEDICAL STAFFS-2018			
S.No	Name	Post	Level
1	Dr Nita Sunam	Ophthalmologist	Officer Class, Second Level
2	Mr, Lal Bahadur Chaudhary	Ophthalmic Officer	Officer Class, Third Level
3	Mr, Madan Chaudhary	Optometrist	Officer Class, Third Level
4	Miss Binika Shreshta	Ophthalmic Assistant	Non Officer Class, First Level
5	Ms Anjali Dhami	Ophthalmic Assistant	Non Officer Class, First Level
6	Mr Amrit Nepal	Ophthalmic Assistant	Non Officer Class, First Level
7	Mr, Kamal Raj Bista	Ophthalmic Assistant	Non Officer Class, First Level
8	Mr, Krishna Bahadur Oli	Lab Technician	Non Officer Class, First Level
9	Ms Shanti Chaudhary	Eye Health Worker	Non Officer Class, Second Level
ADMINISTRATIVE STAFFS			
1	Mr, Samsher Thapa	Sr Administrative Officer	Officer Class, Second Level
2	Mr, Krishna Pd Bhattarai	Account Officer	Officer Class, Third Level
3	Ms Meena Thapa Magar	Act. LM Officer	Officer Class, Third Level
4	Mr, Chedu Ram Chaudhary	Driver	Driver Class, First Level
5	Mr, Tek Bahadur Chaudhary	Office Assistant	Non Officer Class, Third Level
OUT SOURCE			
1	Mr, Hari Ghimire	Security Guard	
2	Mr, Lalit Basnet	Security Guard	
3	Mr, Pradeep Ramijal	Security Guard	
4	Miss Shanta Pun	Recorder	
5	Ms Tula Chaudhary	Helper	
6	Ms Narayani Giri	Helper	
7	Mr Chaturbir Chaudhary	Helper (Gardner)	
DRUG/SPECTACLES (OUT SOURCE)			
1	Mr, Prakash Chaudhary	Sales Asst (Spectacles)	
2	Ms Deepa Chaudhary	Sales Asst (Pharmacy)	

CHHANDA(KALEBABU)-NARAYANI EYE HOSPITAL, BAHADURGUNJ

MEDICAL /PARAMEDICAL STAFFS-2018

S.No	Name	Post	Level
1	Dr Santosh Subedi	Ophthalmologist	Officer Class, Second Level
2	Dr Jyoti Sapkota(Subedi)	Ophthalmologist	Officer Class, Second Level
3	Dr Aric Vaidhya	Ophthalmologist	Officer Class, Second Level
4	Mr, Opendra Chanda	Ophthalmic Assistant	Non Officer Class, First Level
5	Mr, Ramesh Bista	Ophthalmic Assistant	Non Officer Class, First Level
6	Ms Narayani Maskey	Ophthalmic Assistant	Non Officer Class, First Level
7	Ms Archana Shrewastav	Ophthalmic Assistant	Non Officer Class, First Level
9	Ms Rekha Gupta	Ophthalmic Assistant	Non Officer Class, First Level
10	Ms Sabitra KC	Sr. Eye Health Worker	Non Officer Class, First Level
11	Mr Bir Bahadur Chaudhary	Sr. Eye Health Worker	Non Officer Class, First Level
12	Mr, Sartaj Husain	Ophthalmic Assistant	Non Officer Class, First Level
13	Mr, Dikshya Sunuwar	Ophthalmic Assistant	Non Officer Class, First Level
14	Mr, Niranjana Gaire	Ophthalmic Assistant	Non Officer Class, First Level
15	Mr, Devraj Sharma	Lab Technician	Non Officer Class, First Level
16	Ms Saraswati Bhandari	Eye Health Worker	Non Officer Class, Second Level
17	Ms Janaki Bista	Eye Health Worker	Non Officer Class, Second Level
18	Ms Sreejana Paharai	Eye Health Worker	Non Officer Class, Second Level
19	Ms Sharita KC	Eye Health Worker	Non Officer Class, Second Level
20	Ms Kamala Bhusal	Eye Health Worker	Non Officer Class, Second Level

ADMINISTRATIVE STAFFS

1	Mr, Jas Raj BK	Administrative Officer	Officer Class, Third Level
2	Mr, Kamal Chaudhary	Account Assistant	Non Officer Class, First Level
3	Mr, Dhak Bahadur Oli	Driver	Driver, Second Level
4	Mr, Hemanta Basnet	Office Assistant	Non Officer Class, Third Level
5	Mr Chinta Mani Lodh	Office Helper	Office Helper, Second Level
6	Mr, Mangre Nau	Office Helper	Office Helper, Second Level
7	Ms Bal Kumari Oli	Helper	Helper, Second Level

OUT SOURCE

1	Mr, Dil Prasad Belbase	Security Guard	
2	Mr, Narayan BC	Security Guard	
3	Mr, Raj Kumar Yadav	Security Guard	
4	Mr Ganesh Bhattarai	Security Guard	
5	Ms Sarita KC	Recorder	
6	Ms. Aruna Paharai	Recorder	
7	Mr Raj Kumari Lodh	Helper	
8	Mr, Guru Pd Harijan	Helper	
9	Mr, Ram Pd Harijan	Helper	

DRUG/SPECTACLES (OUT SOURCE)

1	Mr, Prakash Chaudhary	Sales Asst (Spectacles)	
2	Mr, Binaya Chaudhary	Sales Asst (Spectacles)	
3	Mr, Roshan Chaudhary	Sales Asst (Spectacles)	
4	Mr, Mohan Chaudhary	Sales Asst (Spectacles)	
5	Mr, Raj Kumar Chaudhary	Accountant	
6	Ms Shila Gautam	Sales Asst (Pharmacy)	
7	Mr, Rohit Kori	Sales Asst (Pharmacy)	

EYE HEALTH PROGRAM-RAPTI & BAHADURGUNJ

S.No	Name	Post	
CONSULTANT /ADVISOR			
1	Advocate Prabin Lamsal	Legal Advisor	

EYE CARE CENTRE-SALYAN-2018			
S.No	Name	Post	Level
1	Mr,	Ophthalmic Assistant	Non Officer Class, First Level
2	Mr, Padam Raj Panta	Sr Eye Health Worker	Non Officer Class, First Level
OUT SOURCE			
1	Miss Sunsara Khadki	Helper	
DRUG/SPECTACLES (OUT SOURCE)			
1	Ms Radhika Khadka	Sales (Spectacles/Pharmacy)	
EYE CARE CENTRE-RUKUM-2018			
S.No	Name	Post	Level
1	Miss Manju Bohora	Ophthalmic Assistant	Non Officer Class, First Level
2	Mr, Pal Singh Oli	Eye Health Worker	Non Officer Class, Second Level
DRUG/SPECTACLES (OUT SOURCE)			
1	Ms Kamala Khadka (Oli)	Sales (Spectacles/Pharmacy)	
EYE CARE CENTRE-SULICHAUR, ROLPA-2018			
S.No	Name	Post	Level
1	Mr, Bimal Ghimire	Ophthalmic Assistant	Non Officer Class, First Level
DRUG/SPECTACLES (OUT SOURCE)			
1	Mr Buddhi Ram Chaudhary	Sales (Spectacles/Pharmacy)	
REFERRAL CENTRE- KRISHNANAGAR-2018			
S.No	Name	Post	Level
1	Mr, Rajanish Shresthav	Ophthalmic Assistant	Non Officer Class, First Level
OUT SOURCE			
1	Ms Chameli Khadka	Helper	
DRUG/SPECTACLES (OUT SOURCE)			
3	Mr, Sunil Chaudhary	Sales Asst (Spectacles/Drugs)	

PHOTOGRAPHS





Ward Chairman providing Glass



Dr Suresh



Introduction with Students- 2nd Batch



Chief Medical Director



Local Donor and Patients



Chairman at NNJS General Assembly



During Eye Camp



Chairman at Reporter Club



Newly elected executive members of NNJS-Dang



Newly Elected members



Annual General Meeting



NNJS Members in AGM Meeting



Vice Chairman Resham Bdr Khadka



Dr Su and Mr, Thapa



Free Eye Camp-ONEH, Dr Aric and Team



Master Plan Meeting of LEH



Construction committee meeting of ONEH



Meeting with honorable members from Province No 5



Mr, Thapa at Tulsipur Sub-Metropolitan city program



Out reach Co-ordinator at Camp



Chairman at Jumla Eye Camp



Dr Suresh at Jumla Camp



after surgery at Jumla



Project Manager at Jumla Camp



Chairman of NNUS Jumla



Welcome by NNUS Kalkot



Welcome program by NNUS-Kalkot



World Sight Day Program-LEH



World Sight Dayy at REH



Construction Committee of CKNEH



Welcome to Madam Oksum and team



After meeting with Chief Minister, Minister at Karnali Pradesh



Meeting with Ministries of Karnali Pradesh



Presentation by Mr. Thapa at Karnali Pradesh



FCHV training program



Basic Eye Health Training



Honorable Member of Province No 5 during at LEH



Lab service extention program at LEH



Lab service extention program at CKNEH



RAAB Survey



RAAB Survey 1



Ophthalmic Student



At free DST camp



Patients load in REH



Patients que in REH



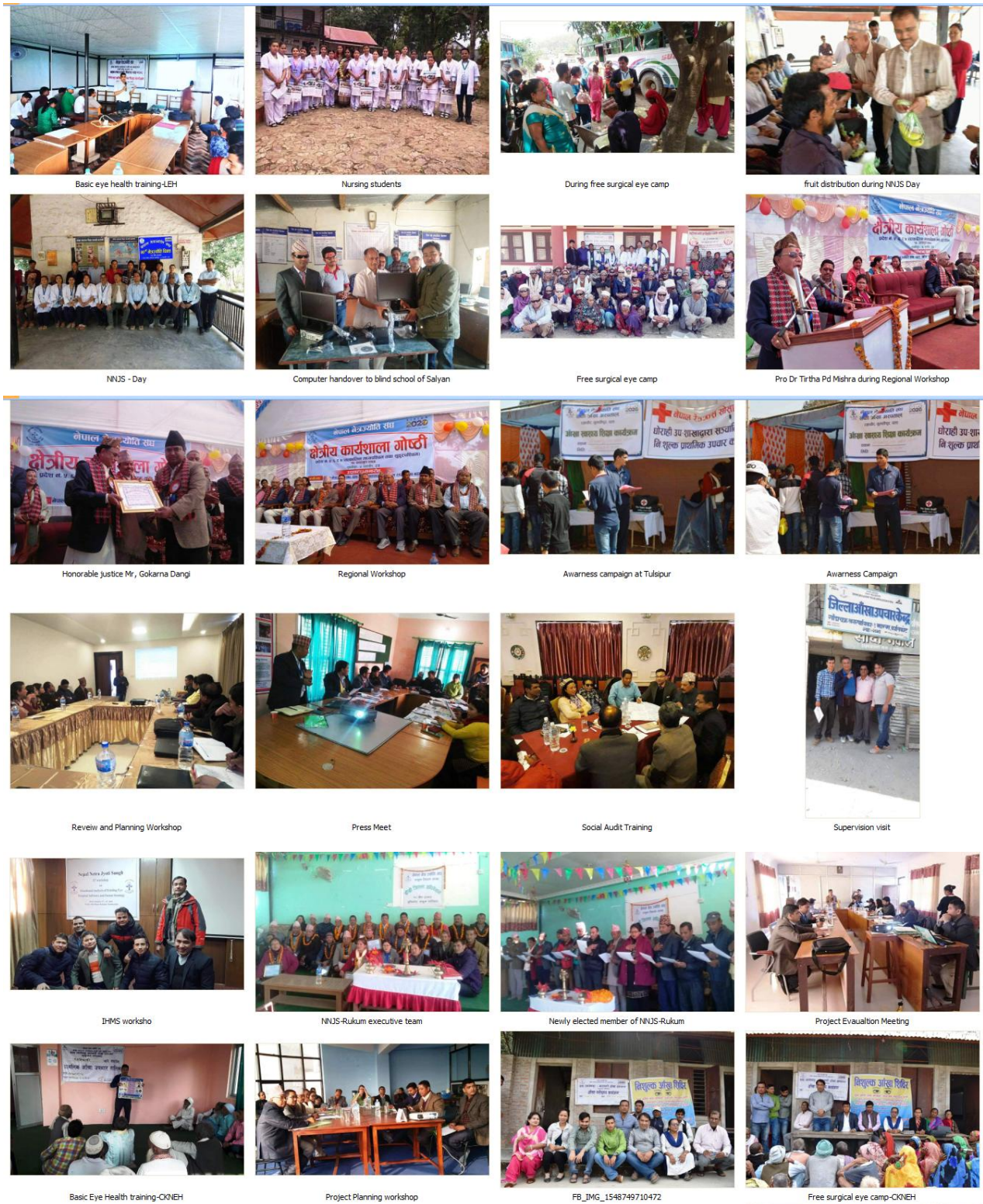
tree plantation program- Secretary Central NNUS



Tea Plantaion program



Target Achievement and Basic eye health training





Awarness campaign in fair



Dr Santosh and team during World Sight Day



Dr Aric and team During World Sight Day



Advocacy for eye health program



Surkhet Eye Hospital Visit



RAAB Survey-2018



Eyexcel training at Bhairahawa



Dr Santosh and team in RAAB survey



Project Evaluation meeting



Free surgical eye camp at SEC



Chairman of NUS-Rukum and Dr Suresh



Eye camp at REC



Certificate of appreciation by Tulsipur Jail



Award to Suchana Adhikari



SUCCESSFUL STORY

Successful story of Mrs. SukMaya Rokaya

Mrs. SukMaya Rokaya was born in Ghode Mahadev VDC, ward no. 7, Karnali zone (West Nepal, Jumla district). She is the first daughter among her seven siblings. She was a small girl when she got married. She belongs to a very poor family. Due to deficiency of food her children have malnutrition. They have a very tough life in the village.

Since 2016 she started to have her vision blurred. During the time she gave birth to her third child. After her delivery she became totally blind with both eyes. Things became worse to worst for her.

First they approached to traditional healer for her eye treatment but nothing changed in spite of spending huge amount for buying goats, chicken, gold, utensils and other many things, instructed by the traditional healer to offer the

god for her recovery. Eventually they visited the hospital. The hospital advised them to have surgery since she had bilateral cataract. Due to the financial

constraint they were unable to do surgery so they went to NNJS Jumla Branch and the chair person helped them giving shelter in his home. Suk Maya's husband started to work there and saved some money to visit hospital. The chair person advised them to visit Lamahi Eye Hospital and recommended her to the hospital for free surgery. They somehow reached Lamahi Eye Hospital got checked the eyes in OPD. The doctor declared bilateral cataract and advised for the surgery. After considering their financial situation the hospital decided to operate her eye in free of cost from the fund of NABP icare



programme. As per the suggestion of doctor they stayed there for forty one days, not only for her eye examination but for the treatment and recovery of their ill son affected by malnutrition. The hospital bore the whole expenses. They celebrated Dashain (the biggest festival of hindus in Nepal) during the period. They were so happy with the love, care and respect showered by the hospital staff.



The hospital decided to do her surgery in her village, where a surgical eye camp was going to be held in the presence of representative of NABP Business Department and NABP Nepal. A team of eye camp comprising twenty people started the journey to Jumla. The first night they spent in Surkhet and started the journey again next morning with the help of porter and pony (for carrying the luggage). Next day they reached Jumlakot and started the OPD. There were seventy three cataract patients, all were instructed the necessary preparation pre operation like applying medicine, having the biometry (for applying the correct number of lens inside the eye during operation) etc. Next day Ms. Sukmaya got her both eye surgery. After one day when the doctor unfolded her eye bandage, she cried with joy because she was already transformed from blind to fully sighted. She thanked the doctor and entire team expressing her deep gratitude comparing the doctor and team with her parents. She explained that the hospital and the team was like god for her since nobody would help her the way she got the treatment in her own place, a very remote area. She also got the glass and medicine in free of cost. She was advised of everything related to her operation like applying medicine on time, keeping eye clean and maintain the hygiene to avoid the infection.



Although she was advised to come to hospital for follow up after two weeks she showed up only after three weeks. The doctor checked her eyes, it was perfectly fine. Mrs. Sukmaya told that she now has become fully active like before. She is able to carry out all the house hold chores and other activities. She further said that she will advise other neighbor to visit hospital if they have any problem with eye.



THANK YOU

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